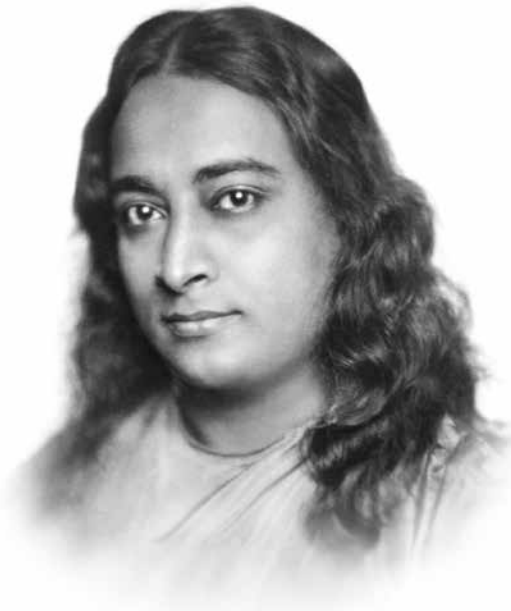


APPLICATION TO STUDY
Self-Realization Fellowship
LESSONS



“Everything else can wait, but your search for God cannot wait.”

—Paramahansa Yogananda



Important Information for Lessons Subscribers . . .

The aim of Self-Realization Fellowship is to make known to all truth-seekers scientific techniques through which they may attain direct personal experience of God. The printed *Self-Realization Fellowship Lessons* are arranged from writings and recorded lectures of Paramahansa Yogananda, founder of Self-Realization Fellowship.

Students are sent two lessons every other week and are encouraged to devote at least a week to studying each lesson, whether or not they have had a background in metaphysical studies. This is in keeping with the guidelines for study given by Paramahansa Yogananda, who stressed the importance of practicing and assimilating the principles and techniques taught in the *Lessons* rather than merely studying them intellectually.

— SUBSCRIPTION PLAN —

There are 180 lessons numbering through 162/4 (some lessons have multiple parts). The series covers a period of about 3 ½ years. To enable all sincere seekers to receive the teachings of Paramahansa Yogananda, the subscription rates given on page 4 have been kept to a minimum and cover only part of the costs of the publications and services you receive. Like other nonprofit religious organizations, we depend upon donations from members and friends to cover the balance of our many expenses in serving a worldwide membership.

One needs to be at least 12 years of age in order to subscribe to the *SRF Lessons*. Guidelines for introducing children to the *Lessons* may be requested from the Mother Center.

Our society in India offers lessons material identical to that in the American edition, but they are not in the same sequence. Those who reside in India, Andaman Islands, Bangladesh, Bhutan, Maldives, Nepal, Nicobar Islands, or Sri Lanka, or who will be returning to these countries before completing the three-year course, are encouraged to subscribe to the teachings through Yogoda Satsanga Society of India: Yogoda Sakha Math; Paramahansa Yogananda Path; Ranchi, 834001, Jharkhand, India; or visit www.ysofindia.org.

— LESSONS IN OTHER LANGUAGES —

Those who do not know English are welcome to request information about *Self-Realization Fellowship Lessons* available in other languages. This application is for the *Lessons* in English only.

— RECEIVING KRIYA YOGA —

After completing the first two steps of the *Lessons* and faithfully practicing the basic techniques learned in the first year, students are welcome to apply for the sacred technique of Kriya Yoga. Further information is included with *Lesson 52/1*.

— TO SUBMIT YOUR LESSONS APPLICATION —

Option 1: **Apply online:** www.srflessons.org. (Using this method helps to ensure that your application reaches us and allows us to process it more efficiently.)

-or-

Option 2: **Apply by postal mail.** Please detach pages 1-2 and keep for your reference. Send completed application (pages 3-4) and remittance by postal mail only * (no fax or scan) to:

Self-Realization Fellowship
3880 San Rafael Avenue
Los Angeles, California 90065-3219

For credit card payment by phone:
Membership Services: 818-549-5151
Mon.-Fri. 9:00 a.m.-12:30 p.m., 1:30-4:00 p.m. Pacific time

* Although today it is very common to send and receive information digitally, when one enrolls for the *SRF Lessons*, there is a personal element involved that is part of receiving the sacred teachings and guidance of a God-attuned soul. By signing the Lessons Pledge, you are acknowledging that deep spiritual connection.

Please Note: Your application is considered complete when we receive the original application with your hand-signed Lessons Pledge, to be sent by postal mail only.

