

APPLICATION TO STUDY
Self-Realization Fellowship
LESSONS



“Everything else can wait, but your search for God cannot wait.”

—Paramahansa Yogananda



Important Information for Lessons Subscribers . . .

The aim of Self-Realization Fellowship is to make known to all truth-seekers scientific techniques through which they may attain direct personal experience of God. The printed Self-Realization Fellowship Lessons are arranged from writings and recorded lectures of Paramahansa Yogananda, founder of Self-Realization Fellowship.

Students are sent two Lessons every other week and are encouraged to devote at least a week to studying each Lesson, whether or not they have had a background in metaphysical studies. This is in keeping with the guidelines for study given by Paramahansa Yogananda, who stressed the importance of practicing and assimilating the principles and techniques taught in the Lessons rather than merely studying them intellectually.

— SUBSCRIPTION PLAN —

There are 180 Lessons numbering through 162/4 (some Lessons have multiple parts). The series covers a period of about 3½ years. To enable all sincere seekers to receive the teachings of Paramahansa Yogananda, the subscription rates given on page 4 have been kept to a minimum and cover only part of the costs of the publications and services you receive. Like other nonprofit religious organizations, we depend upon donations from members and friends to cover the balance of our many expenses in serving a worldwide membership.

Our society in India offers Lessons material identical to that in the American edition, but they are not in the same sequence. Those who reside in India, Andaman Islands, Bangladesh, Bhutan, Maldives, Nepal, Nicobar Islands, or Sri Lanka or who will be returning to these countries before completing the three-year course are encouraged to subscribe to the teachings through: Yogoda Satsanga Society of India; Yogoda Sakha Math; Paramahansa Yogananda Path; Ranchi, 834001, Jharkhand, India.

— LESSONS IN OTHER LANGUAGES —

Those who do not know English are welcome to request information about Self-Realization Fellowship Lessons available in other languages. This application is for the Lessons in English only.

— RECEIVING KRIYA YOGA —

After completing the first two steps of the Lessons and faithfully practicing the basic techniques learned in the first year, students are welcome to apply for the sacred technique of Kriya Yoga. Further information is included with Lesson 52/1.

— FOR MEMBERS OF THE SAME HOUSEHOLD —

If another member of your family residing at the same address wishes to study your set of Lessons, he or she is welcome to enroll as a companionate student. This may be done by signing the Lessons Pledge at the bottom of page 3 (on the line designated for companionate students) and providing on a separate application or sheet of paper the information requested on page 3.

Those studying on the companionate plan share one set of Lessons and receive one copy of all other mailings. The companionate plan is offered to family members living at the same address who will be able to share the same set of Lessons for many years. Because the value of these teachings is realized through frequent study and review, and since one may wish to underline or make notations on sections one finds especially helpful and inspiring, the Lessons become a very personal as well as necessary possession. For these reasons friends or relatives living at the same address only temporarily, or who wish to study together but live at different addresses, are encouraged to enroll separately so that they may receive their own set of Lessons.

There is no additional subscription fee for companionate students—just the onetime enrollment fee of \$8.00 per person for those age 12 or older. Guidelines on introducing your children to the Lessons may be requested from the Mother Center.

Lessons Application

Your brief replies to the following questions will help us to become acquainted with you as an individual, enabling us to better guide you in your practice of these teachings. *(Please note: All information is held in strict confidence.)*

PLEASE TYPE OR PRINT CLEARLY

Name _____
 First Name Middle Initial Last Name

Date of Birth _____ Present Age _____ Sex _____

Place of Birth _____ Nationality _____

Single Married Widowed Divorced No. of Children _____

Education *(After last school attended, state number of years completed.):*
Grade School _____ High School _____ Business School _____ College _____

List degrees, if any, and where attained _____

In what religion were you reared? _____

Present religious affiliation *(if any)* _____

Do you believe in God or a Divine Universal Intelligence? _____

How did you learn about Self-Realization Fellowship? _____

My reason for wishing to study the Self-Realization teachings:

PHOTOGRAPH

We would appreciate having a small photograph of you, if you would like to send one. Please print your name on back of photo and staple here. Or you may send your photo at a later date if you prefer.

Occupation _____

Chief interests and activities _____

What is your main ambition in life? _____

What effort are you making at self-improvement? _____

Present spiritual practices (if any) _____

What religious or metaphysical philosophies have you studied? (Please include books found most helpful.) _____

Have you read *Autobiography of a Yogi*? _____ Other books by Paramahansa Yogananda? *(List those read.)* _____

LESSONS PLEDGE

Please read the pledge carefully; then sign below to indicate your acceptance. (Your enrollment cannot be completed without your signature on this pledge.)

"I wish to study the teachings and to learn the nonsectarian principles and techniques of meditation for God-communion taught by Self-Realization Fellowship.

"I am undertaking this study in a spirit of deepest sincerity. I realize that in order to progress spiritually on the Self-Realization Fellowship path I should study the Lessons faithfully and practice the techniques attentively and regularly.

"To help preserve these sacred teachings in their pure form, and to prevent philosophical misinterpretations and incorrect practice of the techniques by persons who have not been adequately instructed, I promise to keep these Lessons solely for my own private use. I will refer interested persons to Self-Realization Fellowship headquarters, that they may receive the complete teachings, and benefit from the direct spiritual link with the society founded by Paramahansa Yogananda."

(You may, of course, discuss the general philosophy of Self-Realization Fellowship with others, but the Lessons themselves, and the techniques, are for your personal use only.)

_____ (Signature) _____ (Date)

_____ (Signature of companionate student, if any. Please include separate application.) _____ (Relationship to subscriber)

Note: If you are under 18 years of age please have your parent or guardian sign below, indicating approval for you to study the Lessons.

_____ (Signature of parent or guardian) _____ (Relationship to subscriber)

Please turn page over.

