



*Self-Realization Fellowship*

FOUNDED 1920 BY PARAMAHANSA YOGANANDA

*How-to-Live Youth Programs*



BOYS TEEN RETREAT

SRF LAKE SHRINE

Based on the teachings of Paramahansa Yogananda

SATURDAY, NOVEMBER 18, 2017

*9:30 a.m. to 4:30 p.m.*

**Teen boys ages 13 to 18 years are invited to enjoy a special day with  
Self-Realization Fellowship monks at the SRF Lake Shrine  
in Pacific Palisades**

Activities during the day will include:

- Energization Exercises followed by meditation aboard Paramahansaji's houseboat
- Special tour of the Windmill Chapel and other unique sites associated with Paramahansa Yogananda
- Visit to the museum and gift shop
- Teen-focused *satsanga* (questions and answers)
- Lunch and recreation
- Fellowship with other spiritually-minded teens

For more information and to register for this program, visit our website at:

[www.yogananda-srf.org/teenprograms](http://www.yogananda-srf.org/teenprograms)

For additional questions, you are welcome to call SRF Youth Services at:

(818) 549-5160

“If you could feel even a particle of divine love, so great would be your joy —  
so overpowering — you could not contain it.”

— Paramahansa Yogananda