



Self-Realization Fellowship

Founded in 1920 by Paramahansa Yogananda

September 2018

Dear Friends,

We are happy to announce that Self-Realization Fellowship monastic disciples will be visiting Singapore, March 22 – 24, 2019, to meet with members and friends of Paramahansa Yogananda's spiritual family. There will be inspirational programs, meditation classes, and a Kriya Yoga initiation. Please see the back of this letter for a complete schedule. We welcome your participation in this spiritual weekend and hope that it will serve as an opportunity for you to share in the experience of divine fellowship, as well as to deepen your understanding and practice of our Guru's teachings. While we recognize that some of you may not be able to attend the whole weekend, we encourage you to participate as much as you can in these special meetings.

You are most welcome to bring family and friends to the inspirational programs. Please note that anyone wishing to attend classes on the meditation techniques will be asked to show a student or Kriyaban card for admittance. Newcomers interested in studying the teachings of Paramahansa Yogananda may attend these classes by enrolling for the *Self-Realization Fellowship Lessons*, either before or during the weekend program. Further information and applications for the *Lessons* are available from the Mother Center, through our website, or at the event itself.

It is through your generosity that we are able to bring events like this to truth-seeking souls around the world, and we deeply appreciate any contribution you are able to make—through your meditation group or during the monastics' visit—to help us continue our efforts to spread Paramahansa Yogananda's teachings.

We look forward to having you with us. When we come together for these special gatherings, the flame of God's love can be felt in a tangible way, igniting our resolve to live more fully in His presence. Our Guru said, "Our aim should be to bring God into our national life, our social life, and our personal life to such an extent that we feel the spring of God's presence flowing continually beneath the fountain of our existence. That should be the intention of every seeker of Self-realization." May God and Guru bless you always, and guide you toward fulfillment of your soul's highest aspirations.

In divine friendship,

SELF-REALIZATION FELLOWSHIP
Mother Center

BROTHER CHIDANANDA, PRESIDENT

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IN INDIA: YOGODA SATSANGA SOCIETY OF INDIA

SINGAPORE 2019

Friday, March 22

8:00 – 9:00 p.m.

Public Lecture With Guided Meditation

9:00 – 10:00 p.m.

Informal Gathering

Saturday, March 23

8:30 – 9:15 a.m.

Meditation

9:30 – 10:30 a.m.

Technique Review Class I*

11:00 a.m. – 12:00 p.m.

Technique Review Class II*

6:00 – 9:00 p.m.

Kriya Yoga Initiation**

Sunday, March 24

8:30 – 9:15 a.m.

Meditation

9:30 – 10:30 a.m.

Satsanga

11:00 a.m. – 12:30 p.m.

Kriya Yoga Review Class**

2:00 – 3:00 p.m.

Closing Program

Friday events to be held at:

Regional English Language Center (RELC)
30 Orange Grove Road, Singapore 258352

Saturday and Sunday events to be held at:

Singapore Khalsa Association
2 Tessensohn Road, Singapore 217646

For further information:

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* Open to students of the *Self-Realization Fellowship Lessons*

** Open to Kriyabans only

The events are geared toward adults, but children twelve years and older who are Self-Realization Fellowship students may attend if they wish. We are not able to accommodate younger children at the meetings.

We ask that no audio or video recordings (cell phone cameras included) be made during the events, and that still photography be limited to outdoor areas. Thank you for your cooperation.