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Cover Photo:
International headquarters of Self-Realization Fellowship, Los Angeles

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Printed in the U.S.A. 10072-J2906
Paramahansa Yogananda founded Self-Realization Fellowship in 1920 to disseminate his teachings worldwide and to preserve their purity and integrity for generations to come.

In accordance with the author’s expressed wishes, Self-Realization Fellowship has continued the ongoing task of publishing and keeping permanently in print the complete works of Paramahansa Yogananda. These include not only the final editions of all the books he published during his lifetime, but also many new titles—works that had remained unpublished at the time of his passing in 1952, or which had been serialized over the years in incomplete form in Self-Realization Fellowship’s magazine, as well as hundreds of profoundly inspiring lectures and informal talks recorded but not printed before his passing.

The Self-Realization Fellowship name and the SRF emblem (shown above) were originated by Paramahansa Yogananda to identify the organization he founded in 1920 to carry on his worldwide spiritual and humanitarian work. These appear on all Self-Realization Fellowship books, audio and video recordings, films, and other publications, assuring the reader that a work conveys Paramahansa Yogananda’s teachings as he himself intended they be given.
Paramahansa Yogananda is widely regarded as one of the preeminent spiritual figures of our time and has been hailed as the “father of yoga in the West.” Born in northern India, Paramahansa Yogananda came to the United States in 1920, where for more than 30 years he taught India’s ancient science of meditation and the art of balanced spiritual living. Through his best-selling classic, *Autobiography of a Yogi*; his acclaimed translation of and commentary on the Bhagavad Gita, *God Talks With Arjuna*; his revelatory commentary on the four Gospels, *The Second Coming of Christ*; and his numerous other books, he has introduced millions of readers to the timeless truths underlying the world’s religious traditions. His spiritual and humanitarian work is being carried on by Self-Realization Fellowship, the international society he founded in 1920 to disseminate his teachings worldwide.
**Manifesting Divine Consciousness in Daily Life**

**Sri Mrinalini Mata**

In this inspiring and practical book, Sri Mrinalini Mata, president of Self-Realization Fellowship, vividly brings to life her personal experiences of Paramahansa Yogananda’s sublimely wise spiritual training and unconditional love. In exploring what it really means to seek God, Mrinalini Mata talks about the infinite potential of the mind, the cultivation of will power and evenmindedness, and how the practice of Kriya Yoga can uplift and transform our lives.

**Paperback**  No. 1764  **$6.50**

**Paramahansa Yogananda in New York City, 1926**

This beautiful photo also features a signed inscription, “With blessings, Swami Yogananda.”

5” x 7”  No. 3146  **$6.00**
The Love and Wisdom of Paramahansa Yogananda

An informal talk by Sri Daya Mata on the teachings of Paramahansa Yogananda

On August 19, 1989, following the annual Convocation gathering of Self-Realization Fellowship members from around the world, Sri Daya Mata met with some of the attendees in the main chapel at the SRF International Headquarters in Los Angeles. This video of her informal talk with the devotees features many personal insights about the guru-disciple relationship and a variety of other subjects. Her words reflect the wise guidance and loving encouragement that Paramahansa Yogananda gave to all who sought his help on the path to spiritual freedom and ultimate reunion with God.

TOPICS INCLUDE:

• The nature of a true guru — one who has travelled the path and knows God
• The unconditional love of the guru for the disciple
• Cultivating attunement and right attitude toward the guru
• How to replace restlessness with the peace of meditation

Running Time: 58 minutes
DVD (NTSC All Regions) No. 5047 $19.95

Awakening Devotion: The Yearning of the Heart that Takes You to God

An informal talk by Brother Anandamoy on the teachings of Paramahansa Yogananda

In this talk from the 2004 SRF Convocation, Brother Anandamoy shares beautiful experiences from his years with Paramahansaji that demonstrate the depth of the Guru’s love for his disciples, and the subtle ways he guides those who ask for his help. With great simplicity and clarity, Brother Anandamoy boils down the spiritual path to a few basic practices that will enable any sincere seeker to open the door to the reality of God’s presence. “Bring God into your meditations,” he counsels us, “and it will change your life.”

TOPICS INCLUDE:

• Bringing the living presence of God and Guru into your meditations
• Overcoming feelings of discouragement
• Practical points for deepening your relationship with the Guru

Color / Running Time: 62 minutes
DVD (NTSC All Regions) No. 5046 $19.95
NEW PRODUCTS

The Yoga Sadhana That Brings God’s Love and Bliss
An informal talk by Sri Mrinalini Mata on the teachings of Paramahansa Yogananda

In this “farewell talk” given in 1977, at the close of a four-month visit to Yogoda Satsanga Society of India, Sri Mrinalini Mata speaks lovingly of the blessed Guru-given sadhana (spiritual path) that, if we but practice, will reveal the beautiful, all-satisfying divine love that comes from pursuing our own Self-realization.

Compact Disc No. 2051 $7.00

Ways to Deepen Your Meditations
An informal talk by Brother Bhaktananda on the teachings of Paramahansa Yogananda

Brother Bhaktananda, a longtime direct disciple of Paramahansa Yogananda, served as senior minister at the Self-Realization Fellowship temple in Hollywood, California, from 1971 to his passing in 2005. He gave annual classes on meditation in India Hall at the SRF Hollywood Ashram Center for many years. This CD, previously released with the Summer 2006 Self-Realization magazine, is a compilation of several of these classes, and includes a wide range of essential points that Brother Bhaktananda emphasized to all who sought his counsel on attaining a deeper communion with God through meditation.

Compact Disc No. 2050 $7.00

Chanting for Deep Meditation
With Sri Durga Mata

Archival recordings of Paramahansa Yogananda’s Cosmic Chants, and reminiscences of his life and teachings, by one of his early close disciples

Sri Durga Mata (1903–1993) learned the art and spirit of yogic chanting directly from Paramahansa Yogananda during many years of personal association with him. Her performances of his chants on the audio CDs enclosed with this booklet—though not recorded with professional equipment—have a personal quality of focused devotion and meditative concentration that gives them a special power and appeal in leading the listener into deep meditation.

2 Compact Discs (with 64-page booklet) No. 2049 $19.50
Collector’s Series of Informal Talks
by Paramahansa Yogananda

Our Collector’s Series of rare archival talks by Paramahansa Yogananda gives listeners the opportunity to sit at the feet of this great spiritual master as he shares his love of the Divine and inspires us to seek a life of inner joy and God-realization. Now conveniently packaged in sets, each CD in this series includes an attractive booklet describing the occasion of the recording and background information about the talk.

**Boxed Set 1** (Compact Discs 1–5)  
No. 2036  $55.00

**Boxed Set 2** (Compact Discs 6–10)  
No. 2037  $55.00
2014 Wall Calendar
The 2014 Wall Calendar features twelve stunning photographs that depict locations of spiritual sanctuary and beauty closely associated with the life and work of Paramahansa Yogananda—a monthly “pilgrimage” designed to bring you inspiration throughout the year.

Printed on high quality glossy stock
12½” x 9½”  No. 4819  $14.00
Includes Inspirational Quotes by Paramahansa Yogananda

“Mount Washington!… A school of life—which, for all future, here shall draw lost travelers from East and West, to find their Goal, their own One Place of rest.”

— Paramahansa Yogananda
**Inner Reflections 2014 Engagement Calendar**

*Inner Reflections* has gained a reputation as one of the most stunning and beautiful inspirational Engagement Calendars available. The photographs in this calendar are accompanied by selections from the writings of Paramahansa Yogananda, whose time-less and universal teachings have awakened many, of all races, cultures, and creeds, to a deeper awareness of the one reality that sustains and unites us all.

130 pages, 55 color photos  
Double wire-O binding

- English  No. 4820
- German  No. 4821
- Italian  No. 4822
- Spanish  No. 4823

$13.95
Includes Inspirational Quotes by Paramahansa Yogananda

“O Spirit in the sky, in the blossoms, teach us to seek Thee in Thy temple of nature, in the temple of mind, and in the temple of great souls.”
—Paramahansa Yogananda

“In your silence God’s silence ceases.”
—Paramahansa Yogananda
Autobiography of a Yogi
Paramahansa Yogananda

Named one of the 100 best spiritual books of the 20th century, Paramahansa Yogananda’s remarkable life story takes you on an unforgettable exploration of the world of saints and yogis, science and miracles, death and resurrection. With soul-satisfying wisdom and endearing wit, he illuminates the deepest secrets of life and the universe—opening our hearts and minds to the joy, beauty, and unlimited spiritual potentials that exist in the lives of every human being.

This complete edition—available exclusively from Self-Realization Fellowship, the organization founded by the author—is the only one that incorporates all of his wishes for the final text, including the extensive material he added after the original 1946 edition.

Hardcover
520 pages, 80 photos
No. 1001 $27.95

Paperback
608 pages, 57 photos
No. 1002 $8.50

Large Print
758 pages, 57 photos
No. 1072 $29.95

Unabridged Audiobook Edition
Read by Academy Award®-winner
Sir Ben Kingsley
15 compact discs
No. 2701 $48.00

Also available on iTunes and Audible.com
“One book in particular stayed with Steve Jobs his entire life... Autobiography of a Yogi, the guide to meditation and spirituality that he had first read as a teenager, then reread in India and had read once a year ever since.”

— Huffington Post review of the book Steve Jobs

“I keep stacks of Autobiography of a Yogi around the house, and I give it out constantly to people. When people need ‘regrooving,’ I say read this, because it cuts to the heart of every religion.”

— George Harrison

“I first read Autobiography of a Yogi in the 1970s... It started me on a path of yoga, meditation, and self-exploration that has continued until this day.”

— Jack Canfield, co-creator of the Chicken Soup for the Soul® series

“Yogananda’s Autobiography of a Yogi has become a timeless classic in spiritual literature. The extraordinary and miraculous experiences in his life are testimony that he was in God-consciousness. If you really want to understand the infinite possibilities inherent in the field of consciousness, then read this book.”

— Deepak Chopra

Prices are subject to change without notice.
The Bhagavad Gita has been revered by truth-seekers of both the East and West, yet its deepest meaning, cloaked in allegory, has remained obscure. In God Talks With Arjuna, Paramahansa Yogananda offers a translation and commentary of unparalleled scope and vision. Exploring the Gita’s psychological, spiritual, and metaphysical depths, he reveals the innermost essence of this majestic scripture — and presents an enlightening and deeply encouraging guide to who we are, why we were created, and our place and purpose in the vast cosmic scheme of things.

Contents include:

- An in-depth look at the origin, evolution, and nature of the cosmos — including descriptions of the planes of existence beyond the physical universe
- Why and how the practice of yoga meditation gradually refines the consciousness and enables one to experience the transcendent joy of the soul
- Striking correlations between the Vedic view of reality and the discoveries of modern science
- Subtle aspects of Kriya Yoga, and how this ancient science of meditation hastens human spiritual evolution
- Parallels between the teachings of the Gita and those of the Bible
- Discussions of consciousness, mind, ego, and soul; death and life after death; evolutionary cycles of history; many other topics
“A great story of the inner struggle for spiritual growth, mankind’s most important but most difficult and daring quest….This is a book that one can study and cherish for a lifetime.”

— Yoga International

“A monumental work…. a masterpiece of spiritual, literary, and philosophical work.”

— India Post

“Inspiring and empowering….The originality of Yogananda’s interpretation…excels in psychological insights….Experience the true pulse of the Bhagavad Gita…through the luminous words of one of this century’s great yoga masters.”

— Yoga Journal

“In his Gita, Yogananda appears as a sage of the highest order and a spiritual scientist, an avatar of yoga for the coming world civilization. The mark of his work will no doubt endure through the ages.”

— Dr. David Frawley, Director, American Institute of Vedic Studies
The Second Coming of Christ
The Resurrection of the Christ Within You
A Revelatory Commentary on the Original Teachings of Jesus

Paramahansa Yogananda

“A thousand Christs sent to earth would not redeem its people unless they themselves become Christlike by purifying and expanding their individual consciousness to receive therein the second coming of the Christ Consciousness, as was manifested in Jesus…. Contact with this Consciousness, experienced in the ever new joy of meditation, will be the real second coming of Christ—and it will take place right in the devotee’s own consciousness.”

—in Paramahansa Yogananda

In this masterwork of inspiration, Paramahansa Yogananda takes the reader verse by verse through the four Gospels, illumining the universal path to oneness with God taught by Jesus to his immediate disciples: “how to become like Christ, how to resurrect the Eternal Christ within one’s self.”

This new paperback edition is considerably lighter in weight and priced much lower than the original hardcover edition. It includes the entire text of the hardcover, but not the illustrations.

This landmark work by one of the most revered spiritual teachers of our time transcends divisive sectarianism to reveal a unifying harmony underlying all true religions.

In-depth discussions include:

• Baptism, forgiveness of sins, and being “born again”
• The Trinity (Father, Son, Holy Ghost) and the role of Satan
• Karma and reincarnation
• “Heaven” and “hell”
• How to pray
• Using the healing power of thought and life force
• The methods by which every soul can attain Christ Consciousness
• The universal science of meditation: finding “the kingdom of God within you”
• An esoteric understanding of the Lord’s Prayer
• The real significance of “the second coming” and “the end of the world”
• How Jesus performed his resurrection and ascension
• Miracles such as “the loaves and fishes,” walking on water, and raising Lazarus from the dead
• The true spiritual meaning and celebration of Christmas and Easter
• How the authentic Christ teachings can unite rather than divide our world family

“Offers startling ideas about the deeper meaning of Jesus’ teachings…. Praised as a groundbreaking work.”
—Los Angeles Times

“A masterpiece of spiritual revelation.”
—Yoga International

“One of the most important analyses of Jesus’ teachings that exists.”
—Larry Dossey, M.D., author of Healing Words: The Power of Prayer and the Practice of Medicine

“A profound journey through the original teachings of Christ… obscured through centuries of misinterpretation…. A ground-breaking synthesis of East and West.”
—Yoga Magazine (U.K.)

Two-Volume Slipcased Hardcover
Illustrated with 15 full-color prints, 17 sepia duotones
1,688 pages

No. 1431 $65.00
The Yoga of Jesus
Understanding the Hidden Teachings of the Gospels
Paramahansa Yogananda

“Jesus went very deep in teachings that appear on the surface to be simple—much deeper than most people understand…. In [his teachings] is the whole science of yoga, the transcendental way of divine union through meditation.”

— Paramahansa Yogananda
From The Yoga of Jesus

In this remarkable book, Paramahansa Yogananda reveals the hidden yoga of the Gospels and confirms that Jesus, like the ancient sages and masters of the East, not only knew the principals of yoga but taught this universal science of God-realization to his closest disciples.

Compiled from Paramahansaji’s highly praised two-volume work, The Second Coming of Christ: The Resurrection of the Christ Within You, this insightful and compact book transcends the centuries of dogma and misunderstanding that have obscured the original teachings of Jesus, showing that he taught a unifying path by which seekers of all faiths can enter the kingdom of God.

Topics include:
• The “lost years” of Jesus in India
• The ancient science of meditation: how to become a Christ
• The true meaning of baptism
• How the principles and methods of yoga parallel the teachings of the greatest Christian saints and mystics
• The relationship between the chakras and the “seven seals” described in The Book of Revelation, and how to awaken these cerebrospinal centers to reascend to God

Quality Paperback
160 pages

No. 1730 $14.95
The Yoga of the Bhagavad Gita  
An Introduction to India’s Universal Science of God-Realization  
Paramahansa Yogananda

“We came from God and our ultimate destiny is to return to Him. The end and the means to the end is yoga, the timeless science of God-union.”

— Paramahansa Yogananda,  
From The Yoga of the Bhagavad Gita

With penetrating insight, Paramahansa Yogananda sheds a clarifying light on the deeper meaning of the Bhagavad Gita’s symbology, and the true intent of India’s timeless and universal scripture. He shows how the warriors doing battle on the field of Kurukshetra represent the negative tendencies of the human ego pitted against the divine qualities of the soul, and how the science of yoga can help us achieve the joy of material and spiritual victory on the battlefield of daily life.

An inspiring and concise introduction to the spiritual truths of India’s most beloved scripture, these selections from Paramahansaji’s critically acclaimed two-volume translation of and commentary on the Bhagavad Gita (God Talks With Arjuna) explain how the step-by-step methods of yoga meditation and right action enable us to achieve union with Spirit and ultimate liberation.

Features Paramahansa Yogananda’s original translation of the Bhagavad Gita for the first time in sequential form

Topics include:
- Using self-analysis and introspection for continuous personal growth
- Understanding the psychological forces that help—and those that hinder—spiritual progress
- How to experience the deeper states of meditation and divine illumination

Quality Paperback
192 pages
Paramahansa Yogananda’s Collected Talks and Essays on Realizing God in Daily Life

In *Man’s Eternal Quest, The Divine Romance, and Journey to Self-realization*, Paramahansa Yogananda presents in-depth discussions of the universal truths that captivated millions in his international best-seller, *Autobiography of a Yogi*. Filled with pragmatic advice designed to help you meet life’s challenges, these three books bring Paramahansaji’s lectures right into the home where they can be used again and again as accessible and pertinent guides for daily inspiration.

**Volume I**

**Man’s Eternal Quest**

Contents include:

- Healing by God’s Unlimited Power
- The Universality of Yoga
- God as Light and Joy
- Evenmindedness in a World of Change
- Reincarnation: The Soul’s Journey to Perfection

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- Practicing Religion Scientifically
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- How to Free Yourself From Bad Habits
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- Divine Harmony
- How to Quicken Your Spiritual Progress
- The Wisdom Way to Overcome Karma

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Where There Is Light

Insight and Inspiration for Meeting Life’s Challenges

Paramahansa Yogananda

A practical handbook that gives readers a reassuring sense of direction in times of uncertainty or crisis, as well as positive guidance in meeting the challenges of everyday life. Topics include: strength in times of adversity; creating harmony in marriage and friendship; antidotes for stress, worry, and fear; understanding death; and cultivating inner peace.

Paperback
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No. 1676 $10.95
How You Can Talk With God
Paramahansa Yogananda

Paramahansaji helps us to see how close the Divine is to each one of us, and how we can make our prayers so powerful and persuasive that they will bring a tangible response.

“If you can just once ‘break bread’ with the Lord, break His silence, He will talk often with you.”

— From How You Can Talk With God

Paperback
40 pages

The Law of Success
Using the Power of Spirit to Create Health, Prosperity, and Happiness
Paramahansa Yogananda

In this book Paramahansa Yogananda explores the inner source of will power, creative initiative, positive thinking, and other vital qualities necessary for a life of harmony and fulfillment.

“Is there a force that we can call upon to give health, happiness, and spiritual enlightenment? The saints and sages of India teach that there is such a power.”

— From The Law of Success

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36 pages
Scientific Healing Affirmations
Paramahansa Yogananda

This groundbreaking book explains the underlying reasons affirmations work—why they are such a powerful tool for transformation, and how you can use them to promote health and happiness in every aspect of your life. Includes comprehensive instructions and a wide variety of affirmations.

“A spiritual classic.”
— NAPRA ReView

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Metaphysical Meditations
Universal Prayers, Affirmations, and Visualizations
Paramahansa Yogananda

Beginners and experienced meditators alike can use these spiritualized thoughts to awaken the boundless joy, peace, and freedom of the soul. Includes introductory instructions on how to meditate.

“Sage, loving epistles…. Little treasures.”
— Yoga Journal

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160 pages
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131 pages
No. 1352 $6.50
**Spiritual Diary**  
*An Inspirational Thought for Each Day of the Year*

**Paramahansa Yogananda and others**

An attractive edition of our pocket-size diary featuring daily inspiration drawn primarily from the writings of Paramahansa Yogananda. Covers more than thirty spiritual topics, including Introspection, Humility, Will Power, Compassion, Simplicity, Prayer, Discrimination, and Divine Love.

This daily guide to spiritual thinking helps us train our minds to dwell on the positive. Positive thoughts are the springboard of right action, and right action leads to inner peace and lasting happiness. A great way to begin each day of the year, and a wonderful tool that enables us to supercharge our activities with the power of the Divine.

Ample space for personal notes and daily reflection.

Paperback  
377 pages

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**Inner Peace**  
*How to Be Calmly Active and Actively Calm*

**Paramahansa Yogananda**

Paramahansaji reminds us that within each of us is an inner core of peace that we can learn to access at will. His sage and encouraging counsel shows us how to:

- Overcome fear, worry, anger, nervousness, and moodiness
- Stay calmly present and actively focused, no matter what is going on around us
- Experience the expansive timelessness and beauty of each moment

Practical, inspiring, and highly effective, this book helps us to find in our increasingly busy lives that portable paradise of peace within.

Hardcover  
130 pages
Sayings of Paramahansa Yogananda

A collection of sayings, anecdotes, and words of wisdom—Paramahansa Yogananda’s candid and loving responses to those who came to him for counsel. These brief vignettes offer the reader an opportunity to share in these personal conversations and experiences with him. Shining from every page are his compassionate understanding of humanity and his deep love for God.

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The Science of Religion

Paramahansa Yogananda

An amplification by Paramahansa Yogananda of his maiden speech in America—the historic talk that introduced his teachings to the Western world. He points out the universality of the world’s religions and explains why the answers to the ultimate questions of life lie in the direct personal experience of a Higher Reality. Includes a detailed discussion of the scientific basis of yoga meditation.

“This book aims to point out the universality and unity of religion….

“In the teachings of all religions…one truth is stressed: Until man knows himself as Spirit—the fountainhead of Bliss—he is limited by mortal concepts and subject to the inexorable laws of nature. Knowledge of his true being brings him eternal freedom….

“If the methods here suggested are learned and earnestly practiced, you will know yourself to be a blissful spirit and will realize God.”

— Paramahansa Yogananda

Paperback
100 pages, 7 photos
Wine of the Mystic
The Rubaiyat of Omar Khayyam: A Spiritual Interpretation

Paramahansa Yogananda

This award-winning work brings to light the deeper truth and beauty of a well-loved but long-misunderstood masterpiece—The Rubaiyat of Omar Khayyam. With an in-depth commentary on every quatrain, Paramahansa Yogananda reveals the profound kinship between the Rubaiyat’s hidden metaphysical philosophy and India’s ancient science of yoga.

Features include:
• 50 original full-color illustrations
• Edward FitzGerald’s English translation
• The Persian text of the poem
• Paramahansa Yogananda’s complete commentaries

“A glowing spiritual interpretation….Beautifully illustrated….Highly recommended.”

—Library Journal

Hardcover
248 pages
No. 1575 $28.00

Quality Paperback
248 pages
No. 1576 $20.00

Book Award Honors

Received the Benjamin Franklin Award for the best book of the year in the field of religion.

Chosen for an Award of Excellence by Body Mind Spirit magazine in recognition of its outstanding contribution to personal growth and spirituality.
Whispers from Eternity
Paramahansa Yogananda

In the lyric tradition of the mystical poet-seers of all religions, Paramahansa Yogananda’s *Whispers from Eternity* opens a window on the devotional experience of ecstasy.

The profound and inspiring imagery of his soul-awakening prayers and affirmations helps readers toward their own ecstatic communion with the Eternal Father-Mother-Friend-Beloved of all.

**Hardcover**  
312 pages, 4 photos  
No. 1101 $19.00

**First Version Hardcover**  
294 pages, 1 photo  
No. 1103 $19.00

Songs of the Soul
Paramahansa Yogananda

“Unknown to others, but known to Myself, I wake and walk and dream...in Joy.”

This collection of mystical poetry is an outpouring of Paramahansa Yogananda’s direct perceptions of God—in the beauty of nature, in humanity, in everyday life, and in ecstatic divine communion.

Hardcover  
200 pages, 21 photos

No. 1651 $19.00

Cosmic Chants
Paramahansa Yogananda

Chant traditions from many cultures are being recognized today not only for their intrinsic beauty but also for their spiritual power. Sri Yogananda, a pioneer in introducing India’s art of devotional chanting to the West, explains how it helps to quiet and focus the mind in preparation for meditation. This book contains words and music to more than fifty of his original chants.

Flexible cover  
Spiral-bound  
110 pages

No. 1250 $17.95
**Living Fearlessly**  
*Brimming Out Your Inner Soul Strength*  
*Paramahansa Yogananda*

*Living Fearlessly* teaches us how to break the shackles of fear and reveals how we can overcome our own psychological stumbling blocks. Filled with life-transforming counsel, this concise book features informal talks and personal anecdotes complemented by parable and prayer. *Living Fearlessly* is a testament to what we can become if we but have faith in the divinity of our true nature as the soul.

*From Living Fearlessly:*

> “What are you afraid of? You are an immortal being. You are neither a man nor a woman, as you may think, but a soul, joyous, eternal.”

Quality Paperback  
96 pages  

**To Be Victorious in Life**  
*Paramahansa Yogananda*

In this powerful book Paramahansa Yogananda shows how we can realize life’s highest goals by bringing out the unlimited potential within us. He provides practical counsel for achieving success, outlines definite methods of creating lasting happiness, and tells how to overcome negativity and inertia by harnessing the dynamic power of our own will.

*From To Be Victorious in Life:*

> “God has given you mental dynamite sufficient to destroy all your difficulties. Remember that. It is the most effective force you can use to be victorious in life, to break free of limiting weaknesses and habits into an all-accomplishing expansion of your consciousness.”

Quality Paperback  
104 pages
Why God Permits Evil and How to Rise Above It

Paramahansa Yogananda

Philosophers and religious scholars the world over have sought to answer the question of why a loving God permits evil. In these pages Paramahansa Yogananda provides strength and solace for times of adversity by explaining the mysteries of God’s lila, or divine drama. Readers will come to understand the reason for the dualistic nature of creation—God’s interplay of good and evil—and receive guidance on how to rise above the most challenging circumstances.

From Why God Permits Evil and How to Rise Above It:

“Some say that God doesn’t know evil, because they can’t explain why a God who is good allows robberies, murders, disease, poverty, and other terrible happenings that are going on constantly on this earth. These misfortunes are certainly evil to us; but are they evil to God? If they are, why would God permit such evil? And if the evil did not come from Him who is the Supreme Creator of all things, where did it come from?”

Quality Paperback
72 pages

In the Sanctuary of the Soul
A Guide to Effective Prayer

Paramahansa Yogananda

We may often wonder, “Are my prayers effective? Is God listening?” Offering wisdom and insight selected from the writings of Paramahansa Yogananda, this inspirational book discusses ways by which we can deepen the power of our prayers and make them a daily source of love, strength, and guidance. A beautifully designed devotional guide that will inspire those of all faiths.

Hardcover Gift Edition
120 pages
Rajarsi Janakananda

A Great Western Yogi

When James J. Lynn first met Paramahansa Yogananda in 1932, he was a self-made millionaire who had risen from a poverty-stricken boyhood to become one of the most successful businessmen in America. Yet, as he later recounted: “I was a totally frustrated man. I had thought money could give me happiness, but nothing seemed to satisfy me. I lived in a state of nervousness, a state of strain, an inward state of uncertainty.”

That meeting with Paramahansa Yogananda transformed the life of this great American disciple. He began practicing yoga under the Master’s direction, and his rise to spiritual eminence was as meteoric as his material advancement had been. He became a God-illumined saint known as Rajarsi Janakananda, and was chosen by Paramahansa Yogananda to be his first spiritual successor as president of Self-Realization Fellowship/Yogoda Satsanga Society of India.

Features:
• A detailed biography of his dramatic life story
• More than 60 pages of Paramahansa Yogananda’s personal letters to him—words of guidance and love that offer glimpses of the intimate spiritual accord they shared, and powerfully conveys the depth of the guru-disciple relationship.
• Richly illustrated with many archival photographs

Paperback
192 pages, 71 photos
**Only Love**  
*Living the Spiritual Life in a Changing World*  
**Sri Daya Mata**  
*Third President of Self-Realization Fellowship*

To read the words of Sri Daya Mata is to become acquainted with one who was in love with God. Hers is a love that reaches out and embraces all—a sublime expression of the soul’s yearning and of its joyous fulfillment in Spirit. In this volume of informal talks, she gives us a glimpse into the realm of spiritual consciousness wherein the soul experiences the love of the Divine.

Hardcover  
293 pages, 27 photos  

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**Finding the Joy Within You**  
*Personal Counsel for God-Centered Living*  
**Sri Daya Mata**  

During Sri Daya Mata’s more than twenty years of day-to-day association with Paramahansa Yogananda, he lovingly guided her along the path of spiritual discipline to that ultimate goal sought by truth-seekers throughout the ages: direct personal experience of God. In this anthology, she shares personal reminiscences of her many years with the great Guru, and conveys practices and ideals that can lead anyone, regardless of outer circumstances, to the inner joy and security of a God-centered life.

Hardcover  
336 pages, 33 photos  

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**Enter the Quiet Heart**  
*Creating a Loving Relationship With God*  
**Sri Daya Mata**  

Learn how to awaken a deeper awareness of God’s presence and enjoy the openness, spontaneity, and security known to all those who have made Him their inner companion. Compiled from Sri Daya Mata’s talks and writings, *Enter the Quiet Heart* shows how we can open the door to a new level of intimacy and love in our relationship with the Divine.

Hardcover Gift Edition  
132 pages  

No. 1615  
$14.95
Sri Daya Mata Commemorative Issue Spring 2011

The Spring 2011 issue of Self-Realization magazine and the accompanying audio CD were devoted to the loving memory of Sri Daya Mata’s extraordinary life of dedication, devotion, and service to Paramahansa Yogananda and his worldwide spiritual family.

*Also available in the following language translations:*

- **French** 50115 $6.00  **Italian** 50116 $6.00
- **Japanese** 50117 $6.00  **Portuguese** 50118 $6.00
- **Spanish** 50119 $6.00  **German** 610 $6.00

Audio CD not included in the non-English editions.

See page 79 for *Self-Realization* magazine subscription information.

**God Alone**

*The Life and Letters of a Saint*

**Sri Gyanamata**

“God Alone” was the motto and lifelong ideal of Sri Gyanamata, one of the most spiritually advanced disciples of Paramahansa Yogananda. Whether writing on the ways of feeling God’s presence, the right attitude toward spiritual discipline, or the tests of faith and the tests of suffering, she imparts the essential truth or lesson in each circumstance. In addition to her letters, this book contains a detailed account of her life, letters written to her by Paramahansa Yogananda, and excerpts from her personal diary.

Hardcover
324 pages, 25 photos

**Dr. M. W. Lewis**

*The Life Story of One of the Earliest American Disciples of Paramahansa Yogananda*

Dr. Lewis’ life demonstrated the power of yoga to elevate the sincere and dedicated disciple to great heights of spiritual awareness. “Paramahansa Yogananda showed me the great light of God, and told me, ‘If you cling to this path and regularly meditate, this vision will be your own always….’ The Master lifted me from the uncertainty of delusion into the light of reality.”

Paperback
62 pages, 45 photos

No. 50111 $6.00

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No. 1876 $12.00
The Holy Science
Swami Sri Yukteswar

This extraordinary treatise explores parallel passages from the Bible and the Hindu scriptures to reveal the essential unity of all religions. Swami Sri Yukteswar, the revered guru of Paramahansa Yogananda, outlines the universal path that every human being must travel to enlightenment. He also explains the vast recurring cycles of civilization, affording a profound understanding of history and the ever-changing panorama of turbulent world events.

Hardcover
128 pages, 3 photos

Holy Bible

Part of Paramahansa Yogananda’s world mission was to underscore the unity of the original Christianity taught by Jesus Christ and the original Yoga taught by Bhagavan Krishna. This is the King James version of the Bible—in a red-letter edition with concordance and maps, printed on fine white gilt-edged paper.

5” x 7” x 1”


Intuition: Soul-Guidance for Life’s Decisions
Sri Daya Mata

In Intuition: Soul-Guidance for Life’s Decisions, Daya Mataji shares with us the wisdom she gleaned at the feet of her guru, Paramahansa Yogananda, on this important aspect of the spiritual life. Topics include: developing intuition—the soul’s direct perception of Truth; discriminating between the ego and the voice of the soul; learning confidence in our own decisions; finding the answers we seek through meditation; and understanding the importance of perseverance and attunement with God.

Quality Paperback
80 pages
“Mejda”
*The Family and the Early Life of Paramahansa Yogananda*

Sananda Lal Ghosh

This delightful biography paints a vivid portrait of Paramahansa Yogananda’s early years, as seen from the author’s unique perspective as his younger brother. The portrayal of other family members and friends and stories of Sri Yogananda’s youthful spiritual adventures add to the appeal of this intimate account.

Paperback
330 pages, 70 photos

**Paramahansa Yogananda: In Memoriam**
*Personal Accounts of the Master’s Final Days*

A moving firsthand record of Paramahansa Yogananda’s final days, drawn from the accounts of close disciples and friends. Includes more than 40 archival photos; his last words—the full text of the speech he gave just before his passing on March 7, 1952; and Forest Lawn Memorial-Park’s notarized letter attesting to the “phenomenal state of immutability” of his body after death.

Paperback
125 pages, 43 photos

**Prayers of a Master for His Disciples**

Paramahansa Yogananda

Two inspirational prayers—one invoking God’s blessings on the disciple, the other expressing the devotee’s dedication to God.

“The greatest gift I have to bestow on those I love, Thy devotees, is awakening Thy love in their hearts, for Thy love’s sake.”

— Paramahansa Yogananda

Paperback
2 photos

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Mohan-Mala

Selections from the writings and speeches of Mahatma Gandhi—one for each day of the year.

Paperback
140 pages

Light from the Great Ones

This miniature booklet helps to keep the mind centered on the Divine. Features sepia-toned pictures of the Self-Realization Fellowship Gurus, with a memorable quotation from each. “Everything in future will improve,” declares Swami Sri Yukteswar, “if you are making a spiritual effort now.”

Art paper
2" x 2 3/8"

Two Frogs in Trouble

A lively and entertaining adaptation of a delightful folk tale often told by Paramahansa Yogananda. The engaging story is sure to amuse young readers while illustrating a valuable lesson—that courage and perseverance can win out even in the most daunting of circumstances. Filled with charming, vivid illustrations, it is bound in a high-quality soft cover to ensure years of reading pleasure.

Paperback
30 pages, 18 illustrations

Celebrating 150 years of Kriya Yoga

Self-Realization magazine, Summer 2011

The Summer 2011 issue of Self-Realization magazine celebrates Kriya Yoga’s reemergence and spread throughout the world. Featuring Paramahansa Yogananda’s words on the power and efficacy of the Kriya technique, this special commemorative issue also presents articles by senior monastics of Self-Realization Fellowship. An inspiring talk by Brother Anandamoy on audio CD is included.
The Science of Kriya Yoga Meditation

Paramahansa Yogananda’s Lessons on Meditation and Spiritual Living for Home Study

...You realize that all along there was something tremendous within you, and you did not know it.
—Paramahansa Yogananda

The Self-Realization Fellowship Lessons home-study series was compiled under the great Master’s direction from his classes and lectures. It offers all sincere seekers of truth—regardless of religious affiliation—step-by-step instruction in the ancient yoga techniques of concentration, meditation, and energizing the body with life force. Providing comprehensive guidance, the weekly Lessons also feature Paramahansa Yogananda’s practical “how-to-live” teachings for all aspects of attaining balanced physical, mental, and spiritual well-being.

How to Learn Kriya Yoga Meditation

After a preliminary period of study and practice, students of the Lessons may apply for initiation in the advanced Kriya Yoga meditation technique described in Autobiography of a Yogi. For more details, please request our free booklet Undreamed-of Possibilities.

www.yogananda-srf.org/lessons
Subjects Include:

- In-depth instruction in the science of yoga meditation taught by Paramahansa Yogananda
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“The peace and well-being that I get from these techniques are just wonderful…. Whatever happens in my life, this quiet peace sustains me and somehow ‘gets me through’ my tests and trials.”


“I feel like my life is a constant success, both materially and spiritually, due to the Self-Realization Fellowship teachings.”

— P. W., Glava, Sweden

“I am realizing day by day that even I can...reach God, and the SRF teachings are the cause of this confidence.”

— S. M., Cleveland Heights, OH

“The Lessons have never failed to give me the tools necessary for me to cope and prosper in this world.”

— B. F., Seattle, WA
How-to-Live Booklets

*Wisdom to Live by…*

A series of pocket-size booklets presenting inspiring and practical guidance from the teachings of Paramahansa Yogananda.

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Beholding the One in All

Collector’s Series No. 1

The first in our special Collector’s Series of rare recorded talks by Paramahansa Yogananda, originally released in audiocassette format. With illustrations from Indian scriptures and his own life, and insights born of his direct perception of Truth, Paramahansaji shows that there is one great purpose in this cosmic drama: to coax us to look beyond its illusions and discover the glory and the love of God.

Recorded at the Self-Realization Fellowship International Headquarters, Los Angeles, California, January 5, 1949, on Paramahansa Yogananda’s birthday.

Playing Time: 33 minutes

Compact Disc No. 2024 $14.00

Awake in the Cosmic Dream

Collector’s Series No. 2

This talk was recorded in 1952 at the Self-Realization Fellowship headquarters in Los Angeles, on the occasion of Paramahansa Yogananda’s birthday—just two months before his passing. In this spontaneous outpouring of his heart, Paramahansaji touches on the entire spectrum of spiritual living. Through personal stories and practical guidance, the great Guru conveys with delightful humor and compassionate understanding why God is the only permanent solution to the enduring problems of human existence.

Playing Time: 77 minutes

Compact Disc No. 2026 $14.00
The Great Light of God

Collector’s Series No. 3

In this powerful talk, Sri Yogananda explains why and how the spiritual science of Kriya Yoga provides proof of the existence of God. Through its practice, he says, you will realize that you are not a man or a woman, but part of the eternal consciousness, the infinite blessedness of Spirit.

Playing Time: 62 minutes

Compact Disc  No. 2023  $14.00

Be a Smile Millionaire

Collector’s Series No. 4

Paramahansa Yogananda speaks of the inner joy of the soul and how we can live in such a way that our outer lives reflect and radiate all the beautiful and noble qualities that give expression to that joy. Recorded at the Self-Realization Fellowship Temple, Hollywood, California, January 29, 1950.

Playing Time: 63 minutes

Compact Disc  No 2009  $14.00

Self-Realization: The Inner and the Outer Path

Paramahansa Yogananda, Rajarsi Janakananda and Dr. M. W. Lewis

Collector’s Series No. 5

Featured on this compact disc is a rare recorded talk given by Paramahansa Yogananda at a Christmas Day banquet, December 25, 1950, at Self-Realization Fellowship International Headquarters. Paramahansaji inspires his listeners to a deeper understanding of the twofold path of highest spirituality: inner communion with God combined with serviceful activity. After his talk, the great Master invited two of his advanced disciples, Rajarsi Janakananda and Dr. M. W. Lewis to speak. Their inspiring addresses are also presented on this recording.

Playing Time: 53 minutes

Compact Disc  No 2010  $14.00

Prices are subject to change without notice.
Follow the Path of Christ, Krishna, and the Masters

Collector’s Series No. 6

This recording features two informal talks by Paramahansa Yogananda. First is his powerful and inspiring address recorded at the Self-Realization Fellowship Convocation, August 26, 1951—the last Convocation before the great Guru’s passing. Also featured is a recording of his beautiful talk at the 1951 Easter sunrise service, SRF Lake Shrine.

Playing Time: 51 minutes

Compact Disc No. 2020 $14.00

To Make Heaven on Earth

Collector’s Series No. 7

This inspiring address was given on December 25, 1949, during the annual Christmas banquet held at the Self-Realization Fellowship Mother Center. Paramahansaaji spoke to his ever-growing spiritual family with warm praise and affection. His words at times were an outpouring of his interiorized state of consciousness, and at other times he reminisced informally with the resident disciples and guests.

Playing Time: 74 minutes

Compact Disc No. 2022 $14.00

One Life Versus Reincarnation

Collector’s Series No. 8

In this illuminating talk given in 1949 at the SRF Temple in Hollywood, California, Paramahansaaji explains that each soul is given innumerable opportunities for salvation in the grand progression of spiritual evolution through many lives: “Eternal hades is impossible!” he assures us. Nevertheless, he counsels, it is in our highest interest to make the effort in this present incarnation to attune our free will and actions with the eternal laws of divine happiness. Why wait, when the infinite joy and fulfillment of God-consciousness can be ours in this lifetime?

Playing Time: 49 minutes

Compact Disc No 2008 $14.00
Removing All Sorrow and Suffering

Collector’s Series No. 9

Speaking on New Year’s Day, 1950 to the congregation of his Self-Realization Fellowship Temple in Hollywood, California, he imparts a powerful conviction that each one of us can permanently conquer material, psychological, and spiritual suffering by applying the precepts and techniques of yoga—the universal divine science of daily communion with the infinite, unconditional love and bliss of God.

Playing Time: 48 minutes
Compact Disc  No. 2025  $14.00

In the Glory of the Spirit

Collector’s Series No. 10

The occasion was a celebration of the great Guru’s birthday—a joyous gathering of disciples and friends at the SRF International Headquarters in Los Angeles in the late 1940s. The first few minutes of the program are a brief but inspiring talk by Paramahansaji’s advanced disciple Rajarsi Janakananda. Then the Guru himself addressed the gathering—reminiscing with great love, wisdom, and good humor about the divinely orchestrated events surrounding his departure from India in 1920 to spread the message of yoga meditation in the West.

Playing Time: 31 minutes
Compact Disc  No. 2027  $14.00

Songs of My Heart

Chants, Poems, and Prayers

“Music is a divine art, to be used not only for pleasure but as a path to God-realization,” wrote Paramahansa Yogananda. In his book Cosmic Chants, from which the musical selections on this recording are taken, Paramahansaji also said, “Each of [these chants] has been spiritualized; that is, at various gatherings each song has been sung aloud and mentally until the chanters found actual response from God.” Listening to these chants and prayers imbues the heart with deep spiritual peace and an awareness of the Divine Presence.

Playing Time: 69 minutes (17 Chants)
Compact Disc  No. 2005  $14.00
**INSPIRATIONAL TALKS**

**SRI DAYA MATA, Third president of Self-Realization Fellowship**

**Anchoring Your Life in God**

Topics include:
- The value of meditation techniques
- Understanding the purpose of tests and trials
- Creating positive changes through right thinking
- Living by Truth
- The all-protecting power of divine love

Playing Time: 35 minutes

*Compact Disc*  No. 2041  $7.00

**Finding God in Daily Life**

Sri Daya Mata answers questions and offers guidance on:
- Raising children
- Dealing with strong wills in the home
- Communication among family members
- How to attune our will with God’s will
- Developing intuition
- Practical ways to cultivate devotion
- The importance of positive thinking—to body, mind, and soul

Playing Time: 54 minutes

*Compact Disc*  No. 2115  $7.00

**Free Yourself From Tension**

Sri Daya Mata discusses ways by which we can eliminate the effects of stress and carry out all our daily activities from a center of inner peace and God-awareness.

Playing Time: 56 minutes

*Compact Disc*  No. 2035  $7.00
God First

In this talk, Sri Daya Mata testifies to the deep joy that comes from centering one’s life in God.

Topics include:
- Practicing the presence of God
- Paramahansa Yogananda’s guidance for solving problems
- The value of silence and right speech
- Criticism, gossip, and self-analysis
- Learning to live love
- The mother aspect of God
- Enjoying life with spiritual consciousness

Playing Time: 42 minutes
Compact Disc  No. 2107  $7.00

A Heart Aflame

Every human being, either consciously or unconsciously, yearns to experience a perfect, all-fulfilling love. In this moving and inspiring satsanga, Sri Daya Mata shows how we can find that perfect love—by cultivating an intimate, personal relationship with the divine. Focusing on that most beautiful of relationships, she explains how our thought of God can grow and mature from a vague concept into a tangible reality in our lives.

Playing Time: 43 minutes
Compact Disc  No. 2239  $7.00

Is Meditation on God Compatible With Daily Life

Sri Daya Mata explains why meditation is not only compatible with our busy lives but supremely practical, bringing an inner strength and poise that allow us to be more efficient and creative in everything we do.

Playing Time: 57 minutes
Compact Disc  No. 2236  $7.00
**Karma Yoga**  
*Balancing Activity and Meditation*

Sri Daya Mata discusses the following topics: learning to enjoy life’s responsibilities; knowing and accepting ourselves; overcoming guilt; how to recognize and get rid of flaws without dwelling on them; achieving depth in meditation and carrying the effects into one’s daily life.

Playing Time: 44 minutes

Compact Disc  No. 2234  $7.00

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**Let Every Day Be Christmas**

Sri Daya Mata discusses the universal message of love and truth exemplified by the life of Christ.

Topics include:
- The inner purpose of Christmas
- Parallels in the lives and teachings of Christ and Krishna
- Bringing Christ into your life through meditation
- Overcoming the obstacles to communion with God
- How to eliminate the causes of suffering
- Spiritualizing family relationships
- Living the spirit of Christmas in daily life

Playing Time: 47 minutes

Compact Disc  No. 2043  $7.00

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**Let Us Be Thankful**

Sri Daya Mata conveys the value of appreciating all of life’s blessings, and how this attitude brings spiritual growth. In addition, she discusses principles vital to success in meditation and daily living, including:
- How to develop concentration
- Attunement with Truth through loyalty, devotion, and humility
- The power of meditation techniques
- Cheerfulness and positive thinking

Playing Time: 49 minutes

Compact Disc  No. 2042  $7.00
Living a God-Centered Life

These informal talks offer inspiring and practical guidance for living our lives in a spiritually harmonious way—with grace and simplicity, with an inner equanimity in the face of life’s seeming contradictions, and above all with joy, secure in the knowledge that we are at every moment in the embrace of a loving divine power.

Playing Time: 63 minutes
Compact Disc No. 2039 $7.00

Moral Courage
Effecting Positive Change Through Our Moral and Spiritual Choices

A candid and compassionate talk about the causes of today’s moral crisis; the most effective way to help people; learning to live in harmony with eternal laws of happiness; and the power of a positive example.

Playing Time: 44 minutes
Compact Disc No. 2030 $7.00

My Spirit Shall Live On…

In this vivid firsthand account, Sri Daya Mata memorably recalls the great Master’s final days and hours, including his prediction of his earthly departure, the dramatic moment of its fulfillment, and the passing of his spiritual mantle.

Playing Time: 36 minutes
Compact Disc No. 2129 $7.00
**Strengthening the Power of the Mind**

“You do not realize the power of God that is in your mind,” said Paramahansa Yogananda. Through illustrations from her own life, Sri Daya Mata explains how that power can be used to heal our bodies, to lift us beyond suffering, even to penetrate the barrier of death.

Playing Time: 55 minutes

**Compact Disc** No. 2240  $7.00

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**Understanding the Soul’s Need for God**

Drawing from her deep insight, Sri Daya Mata discusses the nature of the soul, its relationship to our desires, and the way of meditation by which we can overcome all suffering. Includes a beautiful account of Paramahansaji’s mahasamadhi.

Playing Time: 51 minutes

**Compact Disc** No. 2109  $7.00

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**The Way to Peace, Humility, and Love for God**

Sri Daya Mata describes her first meeting with Paramahansa Yogananda at the age of seventeen and answers questions from the audience on how to create peace within oneself and in the world; the real meaning of humility; allowing children to develop their own spiritual beliefs; meditation: the cornerstone of God-communion.

Playing Time: 57 minutes

**Compact Disc** No. 2029  $7.00

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**SRI MRINALINI MATA, Self-Realization Fellowship president**

**Living In Attunement With the Divine**

In this succinct talk by one of Paramahansa Yogananda’s foremost living disciples, Sri Mrinalini Mata shares potent practical principles for bringing about the perfect attunement with God and Guru that our souls are seeking.

Playing Time: 29 minutes

**Compact Disc** No. 2047  $7.00
Look Always to the Light
Sri Mrinalini Mata shares memories of her first encounter with Paramahansa Yogananda in 1945—an experience she describes as “stepping from a dream into Reality.” This talk is a soul-stirring testimony of the joy that comes from keeping one’s inner gaze focused on the Light of Spirit.
Playing Time: 36 minutes
Compact Disc No. 2038 $7.00

The Guru: Messenger of Truth
Sri Mrinalini Mata, as she recounts her years with Paramahansa Yogananda, describes the sacred and eternal relationship between guru and disciple.
Topics include:
• Stages of spiritual evolution
• The guru’s unconditional love and friendship
• A reading of Sri Yogananda’s poem, “When I Am Only a Dream”
Playing Time: 74 minutes
Compact Disc No. 2238 $7.00

If You Would Know the Guru
Remembrances of Life With Paramahansa Yogananda
Sri Mrinalini Mata recalls her years with Paramahansa Yogananda. Topics include: what it means to be a divine incarnation and the attitude the disciple should have toward the human and divine natures of the Guru; the bond of unconditional friendship between guru and disciple; the human side of Paramahansa Yogananda’s divine consciousness, including his joyous, fun-loving nature; last moments with the Guru.
Playing Time: 69 minutes
Compact Disc No. 2032 $7.00

The Interior Life
Recorded during a class for Self-Realization Fellowship nuns at the international headquarters of SRF in Los Angeles, Sri Mrinalini Mata discusses the interior life: what it is, how it sustains one throughout life, and the way it leads to absolute freedom.
Playing Time: 51 minutes
Compact Disc No. 2034 $7.00
BROTHER ANANDAMOY

Devotion
Understanding Its Deeper Aspects in the Search for God

Topics include:
• The difference between material desires and spiritual desires
• Surrender: what it is, and how it helps one to become receptive to God and Guru
• Purity of heart—the liberating force of selfless love

Playing Time: 61 minutes
Compact Disc No. 2031 $7.00

The Importance of a True Guru

With his characteristic warmth, humor, and penetrating insight, Brother Anandamoy provides a beautiful portrait of the multifaceted nature of a true guru.

Topics include:
• Degrees of spiritual evolution
• How to deepen one’s attunement with the guru

Playing Time: 64 minutes
Compact Disc No. 2235 $7.00

Is Peace Possible in Today’s World?

Topics include:
• Is there a time when it is right to fight?—principles from the Bhagavad Gita
• Examples from the lives of Gandhi, Lincoln, Padre Pio, and others
• War and peace in relation to the Cosmic Plan
• How each of us can improve world conditions and help to create peace

Playing Time: 72 minutes
Compact Disc No. 2237 $7.00

Kriya Yoga
Portal to the Infinite

In this talk given at the dedication of the Self-Realization Fellowship Temple in Pasadena, California, Brother Anandamoy conveys the essence of Paramahansaji’s message: the liberating power of the ancient meditation technique of Kriya Yoga.

Playing Time: 28 minutes
Compact Disc No. 2033 $7.00
Loyalty: The Highest Spiritual Law

This informal talk offers inspiring and practical guidance for living our lives in a spiritually harmonious way, secure in the knowledge that we are at every moment in the embrace of a loving divine power.

Playing Time: 68 minutes

**Compact Disc  No. 2028  $7.00**

Spiritual Marriage

Brother Anandamoy speaks on how to build an enduring and fulfilling marriage.

Topics include:
- How to develop greater understanding, affection, and love
- Understanding the psychological and physiological differences between men and women
- The importance of intuition and communication

Playing Time: 73 minutes

**Compact Disc  No. 2507  $7.00**

Remembrances of the Guru, Paramahansa Yogananda

**Brother Mokshananda**

Brother Mokshananda (1927–1982) was twenty-four years old when he entered the Self-Realization Fellowship monastic order on March 3, 1952—just four days before Paramahansa Yogananda’s mahasamadhi. This inspiring talk, filled with uplifting stories, offers a unique insight into life with the Master.

Playing Time: 43 minutes

**Compact Disc  No. 2040  $7.00**
CHANTS AND KIRTAN

Light the Lamp of Thy Love
Devotional Chanting Led by Nuns of Self-Realization Fellowship

Joined by several thousand voices in an outpouring of devotion, the Self-Realization Fellowship nuns’ kirtan group generates an atmosphere charged with the joy of God’s presence in these live recordings from the annual SRF Convocations. Many favorites from Paramahansa Yogananda’s Cosmic Chants are included, as well as several bhajans from India, providing more than two hours of inspiration on this two-CD collection.

Playing Time: 136 minutes

Two Compact Discs  No. 2210  $19.50

When My Dream’s Dream Is Done
Devotional Chanting Led by Nuns of Self-Realization Fellowship

Nuns from Self-Realization Fellowship unite thousands of people from around the world in an outpouring of love for God. These periods of kirtan (group chanting to invoke the Divine Presence), recorded live at SRF Convocations in Los Angeles, contain original compositions by Paramahansa Yogananda as well as several bhajans (devotional songs) from India.

Playing Time: 74 minutes

Compact Disc  No. 2208  $14.00

I Will Be Thine Always

Selections from Cosmic Chants, sung by nuns from the ashrams of Paramahansa Yogananda.

Includes:
- I Will Be Thine Always
- Where Is There Love?
- O Thou King of the Infinite
- In the Valley of Sorrow
- I Give You My Soul Call
- In the Temple of Silence
- Listen, Listen, Listen
- I Am the Bubble, Make Me the Sea

Playing Time: 33 minutes

Compact Disc  No. 2209  $7.00
I Will Sing Thy Name
Devotional Chanting Led by Monks of Self-Realization Fellowship
In this recording more than two thousand voices join Self-Realization Fellowship monks, generating an atmosphere of reverence charged with the joyous presence of God. Included are some of Paramahansa Yogananda’s original compositions and several bhajans (devotional songs) from India. Accompanied by traditional Indian instruments.

Playing Time: 131 minutes (14 chants)
Two Compact Discs  No. 2207  $19.50

When Thy Song Flows Through Me
Monks from the ashrams of Paramahansa Yogananda sing selections from his Cosmic Chants. Several chants are performed in the traditional kirtan style popular in India. Instrumental accompaniment features harmonium, tablas, cymbals, and kartal.

Playing Time: 33 minutes
Compact Disc  No. 2203  $7.00

Guru Sharanam
Devotional Chants From India by Disciples of Paramahansa Yogananda
This inspirational recording is a musical tribute to Paramahansa Yogananda in honor of his centennial by a group of Self-Realization Fellowship/Yogoda Satsanga Society members in Mumbai, India. It features original chants in English and Hindi by noted Indian musician Sri Ramesh Prem, performed on harmonium, vina, tablas, cymbals, flute, and guitar.

Playing Time: 44 minutes
Compact Disc  No. 2905  $14.00

Mi corazón Te espera (Spanish)
Interpretaciones de los Cantos Cósmicos de Paramahansa Yogananda
(Renditions in Spanish from Yogananda’s Cosmic Chants)
Inspired by his own direct experience of the Divine, Paramahansa Yogananda composed many songs in the tradition of India’s devotional chanting. This CD features beautiful Spanish-language renditions of these chants with accompaniment on traditional Indian kirtan instruments.

Playing Time: 93 minutes
Two Compact Discs  No. 2006  $19.50
INDEAN MUSIC AND BHAJANS

Arpan
*Soul Offerings to the Divine*
Indian devotional chants
by Brahmacharini Mirabai
Recorded during her only visit to the United States in 1997, this two-CD set captures the divine longing and “soul force” that Paramahansa Yogananda extolled in Indian bhajan music. Accompanying booklet includes lyrics in Sanskrit, Bengali, and Hindi with English translation.

Playing Time: 133 minutes
Two Compact Discs   No. 2911   $19.50

Anjali
*The Joy of Chanting the Divine Name*
Experience the spirit and inspiration of traditional Indian bhajans. The selections on this recording feature Brahmacharini Mirabai (formerly Srimati S. N. Sen) performing live at SRF temples and ashram centers in America.

Playing Time: 67 minutes
Compact Disc   No. 2909   $14.00

Jai Ma
*Devotional Songs to the Divine Mother*
Haunting Bengali bhajans that capture the soul of Indian music. Performed live at the YSS/SRF ashram in Ranchi by acclaimed musicians Sri and Srimati S. N. Sen (later known by her monastic name of Brahmacharini Mirabai) during a ceremony dedicated to the Divine as Mother of the Universe.

Playing Time: 93 minutes
Two Compact Discs   No. 2903   $19.50

Shanti Mandir
*Indian Devotional Chants From the Ashrams of Paramahansa Yogananda*
Beautiful selections from Paramahansa Yogananda’s chants, sung in Hindi by Brahmacharini Mirabai. Traditional Indian kirtan instruments accompany the chanting. English translations enclosed.

Playing Time: 102 minutes
Two Compact Discs   No. 2305   $19.50

60 | Self-Realization Fellowship
**INSTRUMENTAL**

**The Divine Gypsy**  
*Instrumental Arrangements of Selections From Paramahansa Yogananda’s Cosmic Chants*

A journey into the spiritual dimensions of sound, this contemplative and uplifting music helps to relax and renew body, mind, and spirit. Performed by disciples of Paramahansa Yogananda.

Playing Time: 41 minutes  
Compact Disc No. 2205 $14.00

**Where Golden Dreams Dwell**  
*Instrumental Arrangements of Selections From Paramahansa Yogananda’s Cosmic Chants*

In the style of the much-loved recording *The Divine Gypsy*  
*Where Golden Dreams Dwell* is a spiritual journey to the “land beyond our dreams.” Performed on electric piano and synthesizer, these instrumental arrangements will transport us from the restlessness of daily life to a place of peace and well-being.

Playing Time: 68 minutes  
Compact Disc No. 2307 $14.00

**Thou Art My Life**  
*Instrumental Arrangements of Selections From Paramahansa Yogananda’s Cosmic Chants*

In these musical renditions by a nun of the Self-Realization Fellowship Order, the heartfelt devotion to God with which Paramahansaji imbued his chants is expressed through a rich tapestry of orchestral instrumentation.

Playing Time: 58 minutes  
Compact Disc No. 2308 $14.00

**In the Land Beyond My Dreams**  
*Organ Renditions of Paramahansa Yogananda’s Cosmic Chants*

Selections from *Cosmic Chants*, arranged for organ and played by SRF minister Brother Premamoy (1910–1990). The new CD has been digitally remastered with the addition of 11 previously unreleased chants.

Compact Disc No. 2233 $14.00 (23 chants)
TALKS ON DVD

**Beholding God in the Temple of All Life**  
*An informal talk by Sri Daya Mata on the teachings of Paramahansa Yogananda*

This beautiful DVD, filmed in 1982 at the SRF Mother Center, allows us to experience the uplifting atmosphere of joy, wisdom, and devotion that flowed as a tangible presence from Sri Daya Mata to all who met her. She shares inspirational excerpts from Paramahansa Yogananda’s personal notebooks, and relates how he lived his life centered in God.

Running Time: 58 minutes  
**DVD** (NTSC All Regions)  No. 5042  **$19.95**

**Opening Your Heart to God’s Presence**  
*An informal talk by Sri Daya Mata on the teachings of Paramahansa Yogananda*

Sri Daya Mata conveys a powerful and inspiring message of the reality of God’s love in our daily lives. This deeply encouraging video allows all to share in the divine experience of *darshan* and *satsanga*—the tangible upliftment of consciousness imparted by the presence of a God-knowing saint.

Running Time: 46 minutes  
**DVD** (NTSC All Regions)  No. 5036  **$14.95**

**Security in a World of Change**  
*Living in the Consciousness of God*

Sri Daya Mata offers wise and practical guidance in this encouraging talk showing how each of us can anchor our lives in an unshakable inner peace and security, and thus be an active force for good in our world community.

Running Time: 59 minutes  
**DVD** (NTSC All Regions)  No. 5031  **$19.95**

**Him I Shall Follow**  
*Remembrances of My Life With Paramahansa Yogananda*

Sri Daya Mata shares many wonderful stories of her years with Paramahansa Yogananda, including an inspiring account ofParamahansaji’s final days.

Running Time: 74 minutes  
**DVD** (NTSC All Regions)  No. 5030  **$19.95**
### Living in the Love of God

*An Evening of Inspiration at SRF Convocation*

In this deeply encouraging video, taped at the 1985 Convocation, Sri Daya Mata offers encouragement on how to live with renewed strength, inspiration, and commitment to making God’s unconditional love a reality in one’s own daily life.

Running Time: 36 minutes  
**DVD (NTSC All Regions) No. 5032 $19.95**

### A Scripture of Love

*A Universal Message of Love and Inspiration*

Sri Daya Mata addresses the thought-provoking question, “What would Jesus tell us if he came back today?” His beautiful message, she explains, is just as timely and life-transforming now as it was two thousand years ago. Daya Mata reminds us that by seeking God first we will learn to include all beings in that love, and experience in ourselves the eternal gifts of the soul: peace, security, wisdom, and ever new joy.

Running Time: 72 minutes  
**DVD (NTSC All Regions) No. 5028 $19.95**

### Finding Divine Peace and Balance

*A talk by Sri Daya Mata on the teachings of Paramahansa Yogananda*

This deeply encouraging talk by Sri Daya Mata, given at SRF’s 1990 World Convocation in Los Angeles, awakens renewed strength, inspiration, and commitment to creating a life of divine peace and balance.

Running Time: 38 minutes  
**DVD (NTSC All Regions) No. 5005 $14.95**

### Fulfilling the Soul’s Deepest Needs

*An informal talk by Sri Daya Mata on the teachings of Paramahansa Yogananda*

Recorded at the 1996 Self-Realization Fellowship Convocation, this video captures the joyous and uplifting spirit of hope, the compassion, and the tangible experience of divine love and God-realization felt by the thousands of devotees who attended from all over the world.

Running Time: 40 minutes  
**DVD (NTSC All Regions) No. 5040 $14.95**

*Prices are subject to change without notice.*
Portal to the Inner Light  
*Official Release of Paramahansa Yogananda’s The Second Coming of Christ: The Resurrection of the Christ Within You*

A talk by Sri Mrinalini Mata, president and sanghamata of Self-Realization Fellowship

In this inspiring talk given at the 2004 SRF World Convocation, Sri Mrinalini Mata conducts the release of Paramahansa Yogananda’s monumental commentary on the four Gospels, *The Second Coming of Christ: The Resurrection of the Christ Within You*. Exuding both joy and deep wisdom, Mrinalini Mata conveys the essence of Paramahansa Yogananda’s mission of spiritually uniting East and West and reminds us that if we read and digest his living words in these commentaries, we will find them to be portals to the inner light of divine consciousness.

Running Time: 44 minutes  
**DVD** (NTSC All Regions)  No. 5045  **$19.95**

Be Messengers of God’s Light and Love  
*A talk by Sri Mrinalini Mata on the teachings of Paramahansa Yogananda*

Sri Mrinalini Mata is one of the close disciples Paramahansa Yogananda personally chose and trained to help guide his society after his passing. This evening of divine inspiration from the 2011 SRF World Convocation was the first time she spoke at an international gathering of SRF/YSS devotees since becoming president of the organization. Her beautifully inspiring message exhorts us all to be, as Paramahansa Yogananda wished, channels of God’s light and love to help illumine this world.

Running Time: 86 minutes  
**DVD** (NTSC All Regions)  No. 5044  **$19.95**

In His Presence  
*Remembrances of Life With Paramahansa Yogananda*

A talk by Sri Mrinalini Mata

Sri Mrinalini Mata recounts uplifting and instructive reminiscences of her years with Paramahansa Yogananda. She shares the Guru’s vision for the ongoing fulfillment of the divine dispensation he brought to the world. Contains brief rare footage of Paramahansa Yogananda and Swami Sri Yukteswar.

Running Time: 111 minutes  
**DVD** (NTSC All Regions)  No. 5029  **$19.95**
The Second Coming of Christ
Making of a Scripture

Reminiscences by Sri Daya Mata and Sri Mrinalini Mata

Two of Paramahansa Yogananda’s foremost disciples share fascinating firsthand reminiscences of the inspiring story behind the Master’s groundbreaking commentary on the Gospels. Includes archival photos of the Guru accompanied by rare recordings of his voice.

Running Time: 30 minutes
DVD (NTSC All Regions)  No. 5025  $19.95

The Mother Aspect of God

A talk by Brother Anandamoy on the teachings of Paramahansa Yogananda

In this powerful and uplifting talk given at the 1981 SRF World Convocation, Brother Anandamoy reminds us just how near God as the Universal Mother really is for those who turn to Her.

Drawing on his personal experiences with Paramahansaji, Brother Anandamoy describes how each of us can become receptive to the grace of the Divine Mother, and shows us how we can awaken a greater awareness of Her presence and unconditional love in our own lives.

Running Time: 70 minutes
DVD (NTSC All Regions)  No. 5039  $19.95

Kriya Yoga Plus Devotion

This talk was given by Brother Anandamoy at Self-Realization Fellowship’s 2003 World Convocation in Los Angeles. Brother Anandamoy explains the many profound and practical points about Kriya Yoga—with compassionate wisdom and loving concern for all who would follow this “royal highway to God-realization.”

Running Time: 64 minutes
DVD (NTSC All Regions)  No. 5043  $19.95
Your Thoughts Can Change Your Life

A talk by Brother Anandamoy on the teachings of Paramahansa Yogananda

Recorded at the 1989 Self-Realization Fellowship Convocation in Los Angeles, this talk beautifully captures Brother Anandamoy’s compassionate understanding, profound insight, and gentle humor as he reminds us of the transforming power of our own thoughts and shows us how to use that power to connect with God.

Running Time: 58 minutes
DVD (NTSC All Regions)  No. 5038  $19.95

The Wisdom of the Bhagavad Gita

A talk by Brother Anandamoy on the teachings of Paramahansa Yogananda

We are all engaged in the seemingly unsought battle of life…but why? This talk provides deep, powerful insights into personal evolution—from ego consciousness to the development of full spiritual maturity. Topics include the “dark night of the soul” and the necessity of a true guru.

Running Time: 70 minutes
DVD (NTSC All Regions)  No. 5033  $19.95

Experiencing God Within

The Universal Truth Behind All Religions

An excellent introduction to the teachings of Paramahansa Yogananda and an ideal gift for those who want to know more about Self-Realization Fellowship. Speaking in Washington, D.C., Brother Anandamoy identifies the universal needs that lie at the core of all religions and all spiritual seeking, and demonstrates how direct personal experience of God fulfills these needs.

Playing Time: 66 minutes
DVD (NTSC All Regions)  No. 5035  $19.95

Understanding Karma

A talk by Brother Anandamoy on the teachings of Paramahansa Yogananda

Delivered in 1982 at SRF’s Convocation in Los Angeles, Brother Anandamoy answers many questions frequently asked on the spiritual path, and shows why the law of karma is a just and necessary part of creation. Serious yet compassionate, he explains how the cosmic law of cause and effect ultimately gives us the means to rise above all limitations and attain spiritual freedom and joy.

Running Time: 67 minutes
DVD (NTSC All Regions)  No. 5041  $19.95
You Can Know God in This Life
*A talk by Brother Anandamoy on the teachings of Paramahansa Yogananda*

With delightful wit and compassionate wisdom, Brother Anandamoy shares his personal experiences with Paramahansa Yogananda, bringing us greater insight and understanding of the Guru’s unconditional love.

Running Time: 69 minutes
**DVD** (NTSC All Regions)  No. 5026  $19.95

The Personal Approach to God
*A talk by Brother Bhaktananda on the teachings of Paramahansa Yogananda*

Brother Bhaktananda, one of Paramahansaji’s direct disciples, was deeply revered by all who knew him. In this talk he offers simple, practical steps for awakening to the joyous personal reality of God’s presence in our daily lives. Recorded at SRF’s 1993 Convocation in Los Angeles.

Running Time: 65 minutes
**DVD** (NTSC All Regions)  No. 5027  $19.95

SRF Lake Shrine
*50th Anniversary Celebration*
*Stories of Paramahansa Yogananda by Direct Disciples*

On August 20, 2000, an all-day celebration was held to honor the 50th anniversary of the Lake Shrine’s dedication by Paramahansa Yogananda. As part of the festivities, six monks and nuns shared inspiring accounts of events related to the opening of the Lake Shrine, conveying the love, joy, and wisdom they experienced in the great Master’s presence. DVD includes rare archival footage and photos from the Lake Shrine Dedication in 1950.

Running Time: 62 minutes
**DVD** (NTSC All Regions)  No. 5037  $19.95

The Life of Paramahansa Yogananda
*The Early Years in America (1920–1928)*

*Narration in English, French, German, Hindi, Italian, Portuguese, and Spanish*

This documentary follows the great Master’s footsteps during his early years in America. It features beautiful archival photographs, rare motion-picture footage of the Guru, and poignant anecdotes of students and friends whose lives he profoundly changed. Includes subtitles in English, French, German, Italian, Portuguese, and Spanish.

Running Time: 30 minutes
**DVD** (NTSC All Regions)  No. 5024  $19.95
DEVOTIONAL ITEMS

Please call to confirm prices. Prices may fluctuate, depending on gold and silver markets.

The SRF Lotus designed by our founder, Paramahansa Yogananda, is meticulously cast in either solid 18 karat gold or in sterling silver. Each piece is hand-enameded and every surface hand-polished, using state-of-the-art technology. Limited lifetime warranty included.

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Sandalwood Scented Beads
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Set of 2 letters
Giclée Art Prints from *God Talks With Arjuna*

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**Bhagavan Krishna as a child in Brindaban**
No. 3931

**Bhagavan Krishna as Yogeshvara, “Lord of Yoga”**
No. 3932

**Arjuna beholding the Cosmic Vision**
No. 3933

**Prakriti, Cosmic Mother Nature, and Her universal work of creation**
No. 3934
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“Peace emanates from the soul, and is the sacred inner environment in which true happiness unfolds.”

—Paramahansa Yogananda

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(each box contains 15 incense sticks)

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No. 4561

Frankincense & Myrrh
No. 4565

Nag Champa
No. 4566

Gardenia
No. 4564

Jasmine
No. 4562

Rose
No. 4563

$2.00 per box
## COLOR ALTAR PRINTS

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Devotional Items

PHOTOGRAPHS

**Lahiri Mahasaya**
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- 8" x 10" No. 3566 $7.50
- Wallet No. 3561 $3.00

**Sri Yukteswar**
- 4" x 5" No. 3583 $5.00
- 8" x 10" No. 3586 $7.50
- Wallet No. 3581 $3.00
- Wallet (laminated) No. 3582 $4.00
- Color painting: 8" x 10" No. 3585 $12.00
- Color photo: 16" x 20" No. 3580 $20.00

**Mahavatar Babaji**
- 4" x 5" No. 3543 $5.00
- 8" x 10" No. 3546 $7.50
- Wallet No. 3541 $3.00

**“Christ at 33”**
- 4" x 5" No. 3503 $5.00
- 8" x 10" No. 3506 $7.50
- Wallet No. 3501 $3.00
- Wallet (laminated, color) No. 3500 $4.00

**Bhagavan Krishna**
- 4" x 5" No. 3523 $5.00
- 8" x 10" No. 3526 $7.50
- Wallet No. 3521 $3.00

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All photos are sepia (brown-tone) reproductions unless otherwise indicated.
**Paramahansa Yogananda in India, 1935**

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**Paramahansa Yogananda in Boston, 1922**

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**Paramahansa Yogananda at age 6**

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- **Paramahansa Yogananda in Boston, 1922**
  Photolithograph: 5" x 7" No. 3124 $6.00

- **Paramahansa Yogananda in 1924**
  5" x 7" No. 3104 $6.00

- **Paramahansa Yogananda in Washington, D.C., 1926**
  5" x 7" No. 3074 $6.00

- **Paramahansa Yogananda in 1926**
  5" x 7" No. 3054 $6.00

- **Paramahansa Yogananda in Pittsburgh, 1926**
  5" x 7" No. 3084 $6.00

- **Paramahansa Yogananda in Washington, D.C., 1927**
  5" x 7" No. 3114 $6.00

- **Paramahansa Yogananda playing the esraj, during outing to wilderness area, 1927**
  8" x 10" No. 3038 $7.50
DEVOTIONAL ITEMS

Paramahansa Yogananda
Last Smile

4" x 5"  No. 3023  $5.00
8" x 10"  No. 3026  $7.50
Wallet  No. 3021  $3.00
Wallet (laminated)  No. 3022  $4.00
Wallet (laminated, color)  No. 3024  $4.00

Paramahansa Yogananda
Last Birthday

5" x 7"  No. 3044  $6.00

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Prices are subject to change without notice.
Devotional Items

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Paramahansa Yogananda Lecture Poster

Color lithograph, unframed:
28" x 42"  No. 3924  $75.00

Sri Daya Mata

8" x 10"  No. 3625  $12.00

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A quarterly magazine devoted to healing of body, mind, and soul…

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- Articles on the convergence of views between science and religion
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- News of current research in health and healing
- Reproductions of archival photographs of Paramahansa Yogananda
- Activities, photos, and news of SRF around the world

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Self-Realization Fellowship is the international society founded by Paramahansa Yogananda in 1920 to carry on his spiritual and humanitarian work. Under the direction of Self-Realization Fellowship president Sri Mrinalini Mata, one of his closest disciples, the society publishes his writings and recorded talks, and guides the work of its temples, retreats, and meditation centers around the world; the monastic communities of the Self-Realization Order; and a Worldwide Prayer Circle.
**SHIPPING CHARGES**

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<td>Australia &amp; New Zealand</td>
<td>$11.75</td>
</tr>
</tbody>
</table>

*Small orders are just photos, jewelry, up to 2 CDs, or up to 3 “How-to-Live” booklets.

**SHIPPING INFORMATION:**

Please refer to the chart above for shipping charges. We try to keep these charges as low as possible, given current postal costs, while still providing you with the best possible service.

**Shipping rates are subject to change without notice.**

**STANDARD SERVICE – U.S.A.:**

Depending upon the destination, for U.S. delivery we ship by USPS Priority, First Class Mail, FedEx, or UPS.

**2ND DAY SERVICE – U.S.A.:**

2nd Day Service is from the date your order is shipped (may be longer in December). Available for orders shipped to street addresses in the U.S.A. For Next Day Service, call Membership Services at (818) 549-5151 for a quote.

**INTERNATIONAL ORDERS:**

All international orders are shipped by U.S. Post 1st class international or an equivalent carrier. Please allow 10–15 business days for delivery.

For JEWELRY orders, international mailing and/or customs restrictions may apply.

Your order may be subject to import duties, taxes, and customs clearance charges. We have no control over these charges and cannot predict what they may be. Customs offices may sometimes hold shipments indefinitely; you should contact your local Customs office for further information.

**LARGE ORDERS:**

All orders that are especially large or heavy may require additional postage. We may need to contact you before shipping.
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Now available in 32 languages

“When I have left this world, this book will change the lives of millions. It will be my messenger when I am gone.”
— Paramahansa Yogananda

See page 39 for a complete list of translated titles.