



D I S C O U R S E 2 8

The Lord's Prayer:
Jesus Teaches His Followers
How to Pray

The Sermon on the Mount, Part III

“Enter Into Thy Closet”: Practice Techniques for Attaining
Inner Silence of Mental Interiorization



Acquiring the Concentrated Attention and Devotion
That Make Prayer Effective



The Lord's Prayer: A Spiritual Interpretation



Suffering and Penance: A Perverted Notion of Spirituality



The Single Eye, Through Which Man's Body and the Cosmos
Are Seen as Filled With God's Light

“The Lord's Prayer embodies a universal understanding of how the needs of body, mind, and soul may be fulfilled through man's relationship with God.”