

## COMMEMORATION CEREMONY JANUARY 5, 2008

Dear Friends,

It is always a pleasure to bring you news of our upcoming activities. In the following pages, you will find information about the many programs and events that Self-Realization Fellowship is planning for 2008—including our annual Convocation, special services and meditations, retreats, youth programs, and international lecture tours.

We look forward to meeting with many of you—both old friends and new—during the course of the year. Our ministers will again be traveling to cities around the world to give lectures and classes on the teachings of Paramahansa Yogananda. Our program of regional retreats will also continue, offering you a valuable opportunity to spend a few days away from the pressures of daily life and rejuvenate body, mind, and spirit. And of course you are all warmly invited to join us for our Convocation, which will be held in Los Angeles this year the week of August 3–9.\*

Don't forget that you can visit our site on the World Wide Web: [www.yogananda-srf.org](http://www.yogananda-srf.org). We are continuing to expand our use of this global resource of information and communication. You can turn to "Our Latest Postings" page to learn about our most recent additions to the site and for updates on SRF activities and publications.

May 2008 be for each of you a year of spiritual renewal and joy.

In divine friendship,

*Self-Realization Fellowship*

Our traditional commemoration service honoring Paramahansa Yogananda's birth will be held on Saturday, January 5. All are welcome. Please check with the Self-Realization Fellowship temple, center, or meditation group closest to you for the time of the ceremony.

### SPECIAL MEDITATION—JANUARY 12, 2008

A special six-hour meditation commemorating the birth of Paramahansa Yogananda (January 5, 1893) is held each year at Self-Realization Fellowship temples, centers, meditation groups, and ashrams on the second Saturday in January.

### TEMPLE SERVICES

The regular program of services and other activities at Self-Realization Fellowship temples is outlined in our *Schedule of Services*. These include inspirational and lecture services, meditations, Sunday school classes for children, and special prayer and healing services. The *Schedule*, which is available upon request, also provides the address and telephone number of each temple, times of services, etc. Or you may visit our website or contact our International Headquarters (the Mother Center) for this information. (See back panel.)

### 2008 CONVOCAATION

Self-Realization Fellowship members from around the globe will be coming to Los Angeles August 3–9 for our 2008 Convocation. Welcoming the participants will be monks and nuns of the Self-Realization Order, who will conduct classes, *satsangas*, and meditations, and offer individual counseling to those who wish to receive personal guidance in their practice of the Self-Realization teachings. Detailed instructions in the techniques of meditation taught by Paramahansa Yogananda, and advice on living a more peaceful and spiritually fulfilling life in today's complex world, will be presented in afternoon and evening classes.

Among the week's highlights will be uplifting audiovisual presentations, and pilgrimages to the Mother Center, the Lake

Shrine, the SRF Temple in Hollywood and Paramahansaji's crypt at Forest Lawn. There will also be a pilgrimage to our Encinitas Hermitage and Retreat on Sunday, August 10, the day after Convocation.

### MONASTIC VISITS

During 2008, Self-Realization Fellowship ministers will visit a number of cities in the United States, Canada, Europe, and South America. The meetings will include: talks on Paramahansa Yogananda's teachings; classes on the yoga techniques of concentration, meditation, and energization he taught; *satsangas*; and video presentations on Paramahansaji's life and work. In many of the cities there will also be Kriya Yoga initiations for eligible students of the Self-Realization Fellowship teachings.

Complete information will be sent well in advance to SRF members and friends in or near the areas to be visited, and can also be requested from the Mother Center.

### KRIYA YOGA INITIATIONS

Kriya Yoga initiations are scheduled for the following locations and dates in 2008. Self-Realization Fellowship students in each area will be sent full details in advance.

Mother Center	Feb 23
Havana	Feb 16
Bogota	Feb 23
San Juan	March 1
Santo Domingo	March 8
Houston	Apr 12
Lucca, Italy	Apr 19
Mother Center	May 17
Kansas City	May 24
Denver	Sept 27
London	Oct 4
Hannover/Bad Pyrmont	Oct 11
Heeze, Netherlands	Oct 18
New York City	Oct 18
Richmond	Oct 18
Chicago	Oct 25
Sao Paulo	Oct 25
Buenos Aires	Nov 8
Mother Center	Nov 15

Students of the Self-Realization Fellowship teachings become eligible to apply for Kriya Yoga after completing Step II of the *Self-Realization Lessons*. Those who wish to receive Kriya are welcome to send their personal report (included in *Lesson 52/1*) to the Mother Center.

### COMMEMORATIVE SERVICES

Self-Realization Fellowship temples and centers throughout the world observe the following occasions each year with a special commemorative ceremony.

Jan 5	Birthday of Paramahansa Yogananda (1893)
Jan 12	Paramahansa Yogananda Commemorative Meditation
Mar 7	<i>Mahasamadhi</i> of Paramahansa Yogananda (1952)
Mar 9	<i>Mahasamadhi</i> of Sri Yukteswar (1936)
Mar 21	Good Friday
Mar 23	Easter Sunday
May 10	Birthday of Sri Yukteswar (1855)
July 25	Mahavatar Babaji Commemoration Day
Aug 24	<i>Janmashtami</i> (birth of Bhagavan Krishna)
Sept 26	<i>Mahasamadhi</i> of Lahiri Mahasaya (1895)
Sept 30	Birthday of Lahiri Mahasaya (1828)
Dec 20	All-Day Christmas Meditation

### YOUTH PROGRAMS

Our summer "How-to-Live" Youth Programs provide children between the ages of 10 and 16 with an opportunity to learn the art of living balanced, harmonious lives, in tune with God and their true selves. Separate week-long programs for boys and girls include periods of meditation, spiritual instruction, constructive creative projects, and outdoor activities. As in past years, the 2008 Youth Programs will be held in a setting of natural beauty in southern California's San Bernardino Mountains. The girls' program will be held June 21–28. The boys' program will be June 28–July 5. For further information, please write to the Mother Center, or call Youth Services at (818) 549-5160.

## WEEKEND RETREAT PROGRAMS —Schedule for 2008—

ENCINITAS RETREAT PROGRAM	LAKE SHRINE RETREAT PROGRAM	HIDDEN VALLEY GUEST PROGRAM	
Men & Women	Women	Men & Women	Men Only
Jan. 25-27 Feb. 1-3 <small>(Kriyaban)</small>	Jan. 18-20 Feb. 8-10	Jan. 18-20 Feb. 1-3	Jan. 25-27 Feb. 15-17
Feb. 29-Mar. 2	March 14-16	Feb. 15-17 Feb. 29-Mar. 2	Feb. 29-Mar. 2
March 28-30 Apr. 4-6 Apr. 11-13 <small>(Kriyaban)</small>	April 18-20 <small>(Español)</small>	March 28-30	Apr. 11-13
May 2-4 May 16-18 <small>(Married Couples)</small>	May 9-11	April 25-27 May 2-4	
May 30-June 1 June 13-15	June 6-8	June 20-22	June 6-8
Sept. 5-7 Sept. 12-14 Oct. 3-5 Oct. 10-12 Oct. 24-26	Sept. 19-21	July 11-13 Sept. 5-7 Sept 19-21	Sept. 5-7 <small>(Español)</small> Sept. 19-21
	Oct. 17-19 <small>(Kriyaban)</small>	Oct. 24-26	Oct. 24-26
	Nov. 14-16	Nov. 14-16 <small>(Español)</small>	Nov. 7-9

### RETREATS

Our Self-Realization Fellowship retreats offer members and friends an ideal opportunity to devote a period of time to spiritually renewing their lives and deepening their awareness of the Divine.

The retreat schedule includes:

- morning and evening meditations with monastic disciples of Self-Realization Fellowship
- evening classes and inspirational programs
- opportunities for personal counseling in one's practice of Paramahansa Yogananda's teachings
- free time to relax, meditate, and enjoy the peace and beauty of the retreat grounds

\*Please note that all locations and dates listed may be subject to change.

Conducted retreats, held on many weekends of the year, include longer periods of meditation, additional classes, and a review of the Self-Realization Fellowship meditation techniques for students of the *SRF Lessons*.

Reservations should be made well in advance to ensure accommodations, especially for conducted retreats.

### ENCINITAS RETREAT

Our Encinitas Retreat, with scenic walkways and meditation gardens overlooking the Pacific Ocean, is located on the grounds of the SRF Ashram Center and Hermitage, 100 miles south of Los Angeles.

Those staying at the retreat have the opportunity to attend services at the nearby SRF temple, and to visit the Hermitage where Paramahansa Yogananda lived during his years in Encinitas.

During the week before and after the Convocation, reservations are usually limited to a few days, and priority is given to those from distant cities and countries who have not stayed at the retreat before or who can come only rarely. When possible, requests for accommodations should be received by April 1.

The Encinitas Retreat will be closed August 3–9 (the week of the Convocation) and December 21–29.

For reservations or more information, please write or fax, or telephone between 9:00 a.m. and 5:00 p.m., Pacific time:

SRF ENCINITAS RETREAT  
215 K Street  
Encinitas, CA 92024-5040  
Telephone: (760) 753-1811  
Fax: (760) 753-8416 (24 hours)  
Email: [encretreat@yogananda-srf.org](mailto:encretreat@yogananda-srf.org)

### LAKE SHRINE RETREAT

Located on the grounds of the SRF Temple and Ashram Center in the Pacific Palisades area of Los Angeles, the Lake Shrine Retreat overlooks the Pacific Ocean.

As at our Encinitas Retreat, the Lake Shrine Retreat will be closed August 3–9 (the week of the Convocation) and December 21–29. Reservations during the week before and after the Convocation will be limited to a few days, and priority given to those

coming from distant cities and countries.

For reservations or more information, please write or fax, or telephone between 9:30 a.m. and 5:30 p.m., Pacific time:

SRF LAKE SHRINE RETREAT  
17190 Sunset Boulevard  
Pacific Palisades, CA 90272-3099  
Telephone: (310) 459-4740  
Fax (310) 459-8716  
Email: [lsreservations@yogananda-srf.org](mailto:lsreservations@yogananda-srf.org)

### HIDDEN VALLEY GUEST PROGRAMS

Programs for men are offered at our Hidden Valley Monks' Ashram Center, located on more than 100 acres of beautiful hill country near Escondido, 30 miles east of Encinitas.

In addition to the weekday and weekend retreats described above, we also have a work-retreat program at Hidden Valley. For periods of one to thirty days, participants may join the resident monks in various work projects, as well as in their meditations, classes, and other ashram activities.

Those who are students of the *Self-Realization Fellowship Lessons* may also ask about the requirements for Hidden Valley's resident volunteer program for men, which gives participants an opportunity to live and serve with the monks at the ashram for several months or longer.

For reservations or more information, please write or fax, or telephone between 8:30 a.m. and 4:30 p.m., Pacific time:

SRF HIDDEN VALLEY GUEST PROGRAM  
16455 Old Guejito Grade Road  
Escondido, CA 92027-6208  
Telephone: (760) 749-3399  
Fax: (760) 749-3323 (24 hours)  
Email: [info@hvashram.org](mailto:info@hvashram.org)

### MONASTIC TOURS & REGIONAL RETREATS

This year, Self Realization Fellowship monastics will be conducting member programs and weekend retreats in the following cities:

Havana, Cuba (member program with Kriya)	February 15-17
Bogota, Colombia (member program with Kriya)	February 22-24
San Juan, Puerto Rico (member program with Kriya)	Feb 29 - Mar 2
Santo Domingo, Dominican Republic (member program with Kriya)	March 7-9
Greenfield (general retreat)	April 4-6
Miami, FL (regional retreat)	April 4-6
Houston, TX (member program with Kriya)	April 11-13
Il Ciocco (Lucca), Italy (retreat with Kriya)	April 17-20
Zurich, Switzerland (retreat)	April 25-27
Greenfield (woman's retreat)	May 16-18
New York, NY (regional retreat)	May 16-18
Kansas City (member program with Kriya)	May 23-25
Seattle (regional retreat)	June 6-8
Greenfield (general retreat)	Sept 12-14
Toronto (regional retreat)	Sept 19-21
Denver (member program with Kriya)	Sept 26-28
London, England (member program with Kriya)	Oct 3-5
Hannover/Bad Pyrmont (member program with Kriya)	Oct 9-12
Heeze, Netherlands (member program with Kriya)	Oct 17-19
Greenfield (woman's retreat)	Oct 10-12
New York City, NY (member program with Kriya)	Oct 16-19
Chicago, IL (member program with Kriya)	Oct 24-26
Sao Paulo, Brazil (member program with Kriya)	Oct 24-26
Armacao Retreat (regional retreat)	Oct 31-Nov 2
Buenos Aires, Argentina (member program with Kriya)	Nov 7-9

Information about registering for these tours and retreats is available on our website and also from our centers and meditation groups; or you may write or call our Tours Department at the Mother Center.



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10318-J869

# Self-Realization Fellowship

## Calendar of Events

≡ 2008 ≡

Temple Services • Monastic Tours  
World Convocation  
Meditations and Commemorative Services  
Kriya Yoga Initiations  
Retreat Programs • Youth Programs



*Self-Realization Fellowship*  
FOUNDED 1920  
*Paramahansa Yogananda*